

Assessment Requirements for CHCCSL003 Facilitate the counselling relationship and process

Release: 1

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Modification History

| Release | Comments |
|-----------|--|
| Release 1 | This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. |
| | Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence. Additional assessor requirements. |
| | Supersedes CHCCSL503B |

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- facilitated the counselling process for at least 3 different clients with varying presenting issues, in at least 3 sessions per client
- facilitated client sessions using all aspects of the counselling process:
 - identifying concerns
 - · working through concerns
 - monitoring the counselling relationship
- followed processes to bring the counselling process to an end on at least 2 occasions.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations for the counselling relationship, and how these are applied in individual practice:
 - codes of conduct/practice

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- discrimination
- duty of care
- · human rights
- mandatory reporting
- practitioner/client boundaries
- privacy, confidentiality and disclosure
- · records management
- rights and responsibilities of workers, employers and clients
- work role boundaries responsibilities and limitations
- work health and safety
- different agency and organisation models of counselling and intervention
- the counselling process, including:
 - what clients have a right to expect
 - principles of person-centred practice
 - purpose of counselling
 - how counselling has evolved as a helping relationship
 - place of counselling within the helping services
 - scope and nature of the counselling relationship, including professional limitations
 - impact of own values on the counselling relationship
- obstacles to the counselling process, including:
 - psychological
 - physical
 - economic
- indicators of needs requiring referral, and referral options
- structure of key stages of a counselling session, and techniques for managing each stage, including:
 - introduction and establishment of relationship
 - body (getting the client's story)
 - issues identification and exploration
 - options and plan for change
 - session closure
- self-awareness including:
 - role within the organisation
 - limits of competence and responsibility
 - personal strengths and limitations
 - individual needs for support and supervision
 - impact of own values and beliefs on capacity to be non-judgemental.

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Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including client information
- modelling of industry operating conditions, including:
 - scenarios that involve complex interactions with real people in face-to-face situations where candidate and client are physically present in the same room
 - scenarios that involve problem solving.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must have 2 years experience working in a counselling role and hold a qualification in counselling or related field that involves counselling, at Diploma level or higher (or equivalent qualification).

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53

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