



Australian Government

Assessment Requirements for CHCCCS041

Recognise healthy body systems

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- use information about the human body and its healthy functioning to carry out tasks in three different situations involving people who are ageing or living with disability.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic structure, functions and interactions of body systems and associated components:
 - cells, tissues and organs
 - cardiovascular system
 - respiratory system
 - musculoskeletal system
 - endocrine system
 - digestive system
 - urinary system
 - renal system
 - reproductive system
 - integumentary system
 - lymphatic system
 - nervous system, including sensory systems, eye and ear
 - special senses including smell, taste, vision, equilibrium and hearing
 - immune system
- processes, conditions and resources required by the body to support healthy functioning:
 - body regulation:
 - maintenance of body temperature
 - fluid and electrolyte balance including pH
 - elimination of wastes from the body
 - maintenance of blood pressure
 - protection from infection
 - physical activity including active and passive

- impacts of ageing and disability
- health status and physical condition:
 - common diseases that impact on body system functioning
 - indicators of changes
 - impacts of ageing and disability
 - impact on wellbeing
 - how and when to report and to whom
 - scope of job role in recognising and reporting changes in physical, psychological and mental health condition
- indicators of body system issues, impacts of ageing and disability and procedures for how and when to report issues relating to:
 - continence
 - malnutrition
 - dehydration
 - weight regulation
 - oral health
 - appetite regulation
 - dysphagia
 - bowel health issues
 - bone health issues
 - food intolerance
 - skin integrity issues including wounds and pressure point injuries
 - dementia
 - cognitive changes
 - mental health
- strategies to promote and maintain health and wellbeing:
 - nutrition
 - hydration
 - skin integrity
 - movement
 - social interaction
- procedures for working with a multidisciplinary health team to implement individualised plans, including escalating concerns with and changes in a person's status
- relationship between nutrition and hygiene
- impact of poor oral hygiene on nutrition
- impact of poor oral hygiene on quality of life
- recognising signs of oral pain
- exercise and movement:
 - impact of restrictions on daily life
 - impacts of ageing and disability

- common conditions:
 - physical disability
 - cognitive disability
 - intellectual disability
 - psychosocial disability
 - sensory disability
- how to recognise change in the person from their normal to not normal:
 - physical change
 - mood change
- pain and discomfort:
 - responses from people in pain
 - communication methods
 - pain scales
 - impacts of ageing and disability
- basic medical terminology and abbreviations relevant to body systems
- organisational policies and procedures for reporting.

Assessment Conditions

Skills must be demonstrated in the workplace or a simulated environment that reflects workplace conditions.

Assessment must ensure access to:

- facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- health information for people who are ageing or living with disability.

Assessment tasks for this unit must be developed in collaboration with a health professional and carried out according to standards and guidelines that apply to the health and community services industries. Further detail may be found in the CHC Training Package Companion Volume.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

Companion Volume implementation guide are found in VETNet -

<https://vetnet.gov.au/pages/trainingdocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>