



**Australian Government**

# **Assessment Requirements for CHCCCS014 Provide brief interventions**

**Release: 1**

# Assessment Requirements for CHCCCS014 Provide brief interventions

## Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.</p>

## Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- undertaken the brief intervention process for at least 2 people presenting with different issues at different stages of the change process
- used each of the following at least once to support the intervention process:
  - active listening
  - non-judgmental language
  - supportive approach
  - facilitation and negotiation that assists the person's decision-making

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- brief intervention scope and process:
  - features of brief interventions:
    - one-to-one approach, private
    - takes short period of time
    - may be done by a health team member
    - client led process
    - opportunistic

- role as public health strategy
- reasons for using brief interventions:
  - to raise awareness
  - to share knowledge
  - to help the person to think about making changes to improve health
- step by step process
- record-keeping requirements
- stages of behaviour change model:
  - elements of pre-contemplation
  - contemplation
  - action
  - maintenance
- options and approaches to support behaviour change:
  - raising awareness
  - sharing information and resources
  - exploring concerns and strategies
  - helping the person express their feelings, make decisions and set goals
  - highlighting benefits of change
  - giving positive feedback and encouragement
  - offering time and support
  - referring to other sources of assistance
- health and well-being considerations:
  - environmental health
  - nutrition
  - alcohol
  - other drugs
- broader contexts for the person's current behaviour:
  - cultural
  - family context
  - community context
- barriers and challenges for positive intervention outcomes and how to address these
- legal and ethical considerations for interventions, including:
  - privacy, confidentiality and disclosure
  - codes of practice

## Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:

- the person's information on which to design intervention
- organisation policies and procedures for interventions
- modelling typical workplace conditions, including interactions with people with a range of needs

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

## **Links**

Companion Volume implementation guides are found in VETNet -  
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>