CHCAOD009 Develop and review individual alcohol and other drugs treatment plans
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Modification History

<table>
<thead>
<tr>
<th>Release</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Release 1</td>
<td>This version was released in CHC Community Services Training Package release 2.0 and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.</td>
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</tbody>
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Application

This unit describes the skills and knowledge required to work collaboratively with clients to establish treatment goals, and to develop and evaluate individual treatment plans to meet those goals.

This unit applies to workers who develop treatment plans with, and for, clients with alcohol and other drugs (AOD) issues on the basis of an existing assessment and within established organisation guidelines. Depending on the context, development of the plan may be autonomous or collaborative. Workers may or may not be the person conducting the assessment.

_The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice._
Elements and Performance Criteria

<table>
<thead>
<tr>
<th>ELEMENT</th>
<th>PERFORMANCE CRITERIA</th>
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<tbody>
<tr>
<td>Elements define the essential outcomes</td>
<td>Performance criteria describe the performance needed to demonstrate achievement of the element</td>
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1. Consider the type of treatment and services to be provided

<table>
<thead>
<tr>
<th>PERFORMANCE CRITERIA</th>
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<tbody>
<tr>
<td>1.1 Interpret presenting issues and requirements from client assessment</td>
</tr>
<tr>
<td>1.2 Work with client to identify interaction and relationship between different presenting issues in the context of their health and demographic profile</td>
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<tr>
<td>1.3 Identify the need for potential referral, and collaboration with other services</td>
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<td>1.4 Identify and respond to the need to consult with other professionals or specialists as required</td>
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<tr>
<td>1.5 Explain the purpose of the planning process and developing the treatment plan, and the roles of different people</td>
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<tr>
<td>1.6 Discuss with client their readiness for development of a treatment plan</td>
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## ELEMENT

**Elements define the essential outcomes**

## PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element

### 2. Determine treatment goals and strategies

2.1 Discuss desired outcomes, priorities and long term goals with the client

2.2 Identify any barriers and/or cultural factors that may impact on reaching goals

2.3 Provide information about different service and support options suited to the client’s needs

2.4 Assist client to evaluate and select strategies to achieve their goals

2.5 Determine preferred actions and prioritise

2.6 Confirm client capacity to meet the logistical demands of selected strategies

2.7 Establish timelines for identified goals with consideration of overlaps between different services and support

2.8 Agree on type and frequency of interactions

2.9 Work with the client to identify others in the client and family support network to be involved in the treatment plan, and their roles

2.10 Record goals and selected strategies in the individual treatment plan according to organisation protocols

### 3. Review client progress

3.1 Regularly review client’s progress against negotiated goals and action plans

3.2 Monitor, record and report client progress in accordance with organisation guidelines

3.3 Negotiate revised action plans and timelines and record in the treatment plan as needed

3.4 Accurately record revisions in the individual treatment plan according to organisation protocols

3.5 Negotiate exit from the program with the client and provide support in accordance with organisation policies and available resources

3.6 Review outcomes of interventions with supervisor and/or colleagues
Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion volumes from the CS&HISC website - http://www.cshisc.com.au