



Australian Government

ACMGEN304 Promote positive wellbeing in self and others in animal care workplaces

Release: 1

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Modification History

Release	Comments
Release 1	This version released with ACM Animal Care and Management Training Package Version 4.0.

Application

This unit of competency describes the skills and knowledge required to manage personal wellbeing and psychological health and safety in workplaces involving animals. It includes identifying the hazards and challenges of the work, developing a proactive self-care action plan and contributing to positive support strategies.

The unit applies to individuals who work with animals in a range of environments and facilities, performing individual and team activities. They work under broad direction and take responsibility for their own work.

All work must be carried out to comply with workplace procedures according to Commonwealth and state/territory health and safety and animal welfare regulations, legislation and standards that apply to the workplace.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Unit Sector

General Animal Care (GEN)

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Identify psychological hazards and challenges	1.1 Identify psychological health and safety hazards relevant to workplaces involving animals

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
working in an animal care environment	1.2 Recognise general signs in people that indicate psychological health and safety concerns 1.3 Recognise sources of work-related stress and personal responses to challenges in own sector or workplace 1.4 Identify the potential impact of psychological health and safety issues on individuals, teams and the workplace
2. Develop an action or self-care plan to manage wellbeing	2.1 Explore strategies for promoting positive psychological health and wellbeing used at management, team or individual level at the workplace 2.2 Identify and select strategies to promote psychological health and wellbeing 2.3 Develop a holistic action or self-care plan to address stressors and promote psychological health and wellbeing 2.4 Identify available internal workplace and community or industry supports and resources
3. Support positive communication and relationships with others	3.1 Contribute to positive interactions and communications in the work environment 3.2 Recognise and respond to the emotional state of colleagues or clients in a supportive manner 3.3 Seek assistance to support self or others using available internal and external options and resources

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.

Skill	Description
Reading	Research and interpret key information from written texts with unfamiliar content
Oral communication	Use positive verbal and body language to engage with others

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
ACMGEN304 Promote positive wellbeing in self and others in animal care workplaces	Not applicable	Developed in response to industry need	Newly created

Links

Companion Volumes, including Implementation Guides, are available at VETNet: -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103>