



**Australian Government**

# **ACMEQU307 Introduce horses to lunge exercise**

**Release: 1**

## ACMEQU307 Introduce horses to lunge exercise

### Modification History

| Release   | Comments  |
|-----------|---|
| Release 1 | This version released with ACM Animal Care and Management Training Package Version 5.0. |

### Application

This unit of competency describes the skills and knowledge required to introduce a horse, that is inexperienced on the lunge, to lunging exercises by using techniques, routines and gear to control and direct a horse to lunge calmly.

This unit applies to individuals who work under broad direction in industries involving horses. They apply knowledge of horse behaviour and technical skills with discretion and judgement to educate horses to lunge calmly in environments that may include round yards and fenced exercise arenas.

Commonwealth and state/territory health and safety and animal welfare legislation, regulations and codes of practice relevant to interacting with horses apply to workers in this industry. Requirements vary between industry sectors and jurisdictions.

No licensing, legislative or certification requirements apply to this unit at the time of publication, except for the racing industry, where requirements vary between states and territories. Users working in the racing industry are advised to contact the relevant Principal Racing Authority for advice on current requirements.

### Pre-requisite Unit

The prerequisite unit of competency for this unit is:

- ACMEQU220 Lunge educated horses.

Note the following chain of prerequisites that also apply to this unit.

| Unit of competency              | Prerequisite requirement       |
|---------------------------------|--------------------------------|
| ACMEQU220 Lunge educated horses | ACMEQU212 Handle horses safely |

### Unit Sector

Equine (EQU)

## Elements and Performance Criteria

| Elements   | Performance Criteria  |
|--|---|
| <i>Elements describe the essential outcomes.</i> | <i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>  |
| 1. Prepare to introduce a horse to lunge         | 1.1 Select horse to be introduced to lungeing, and develop a suitable program, in consultation with client or supervisor, if required<br>1.2 Select suitable lungeing area, identify hazards, and assess and control risks related to educating horse to lunge and lungeing environment<br>1.3 Select methods and techniques for introducing inexperienced horses to lungeing<br>1.4 Select and fit personal protective equipment (PPE)<br>1.5 Select and check lungeing equipment and fit lungeing gear to horse according to individual horse and training requirements   |
| 2. Introduce a horse to lunge                    | 2.1 Apply knowledge of horse behaviour to introduce lungeing to inexperienced horse using clear and appropriate cues with horse<br>2.2 Introduce horse to lungeing exercise using safe and low stress techniques, using appropriate lunge rein techniques<br>2.3 Use safe lungeing progression in walk, trot and canter in both directions<br>2.4 Lunge horse to develop horse suppleness, balance, rhythm and confidence according to lungeing program<br>2.5 Respond appropriately to horse drifting and falling in or out<br>2.6 Maintain safe and appropriate position of self in relation to horse throughout lunge session<br>2.7 Monitor horse behaviour and performance during lungeing, and respond to signs of injury or distress according to workplace procedures |
| 3. Perform post-exercise procedures              | 3.1 Remove gear from horse and check horse for signs of injury<br>3.2 Cool down, hose and groom horse after exercise according to horse requirements and workplace procedures<br>3.3 Record and report on horse performance and irregular horse behaviour, signs of distress or injury during and after exercise<br>3.4 Check and maintain gear before storage, and report gear quality and maintenance issues according to workplace requirements  |

## Foundation Skills

*This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.*

| Skill              | Description  |
|--------------------|--|
| Oral communication | <ul style="list-style-type: none"> <li>Use industry terminology to describe and report horse lunging activities</li> </ul> |
| Numeracy           | <ul style="list-style-type: none"> <li>Measure and calculate time, temperature, distance, ratio and speed</li> </ul>       |

## Unit Mapping Information

| Code and title current version                  | Code and title previous version                 | Comments   | Equivalence status |
|---|---|--|--------------------|
| ACMEQU307<br>Introduce horses to lunge exercise | ACMEQU301<br>Introduce horses to lunge exercise | Prerequisite requirements changed<br>Major changes to all sections of the unit | Not equivalent     |

## Links

Companion Volumes, including Implementation Guides, are available at VETNet: - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103>