# Assessment Requirements for ACMEQU302 Apply knowledge of minimising impact of falling from a horse

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## Modification History

| Release | Comments |
|---------|----------|
| Release 1 | This version released with ACM Animal Care and Management Training Package Version 1.0. |

## Performance Evidence

An individual demonstrating competency must satisfy all of the elements and performance criteria of this unit. There must be evidence the individual has:

- used industry research to identify common horse fall accidents and injuries
- identified techniques and riding practices to:
    - avoid falling
    - reduce the impact of falls from horses
- conducted at least one self-assessment of own riding ability and skills and identified areas of strength and areas needing improvements
- prepared at least one plan to improve skills to minimise the likelihood and impact of falls.

## Knowledge Evidence

An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:

- factors affecting safe riding practices, including:
    - horse suitability, training and response to cues
    - horse behaviour and body language
    - tack appropriate for horse, rider and activity, and correctly fit
    - personal protective equipment (PPE)
    - riding environment
    - environmental factors, including weather, geography, surface conditions
    - hazards, including riding in groups and in the open
    - complacency
- types and purpose of personal protective equipment (PPE)
- correct riding positions for maintaining balance and control
- basic biomechanics of maintaining balance on a horse
- strategies for physical conditioning and strengthening core

- managing common undesirable behaviours in horses, including:
  - going too fast
  - reefing and pulling
  - jogging sideways
  - running backwards
- common types of falls accidents with horses, including:
  - rider loss of balance or control of horse
  - horse bucking, rearing, shying, stumbling
  - falling with horse
  - trample, collision or crush accident
- typical injuries from falls from a horse, including injuries to wrist, elbow, shoulder, clavicle and head
- situations and rider behaviour to avoid a fall
- techniques to reduce impact of fall, including:
  - letting go of reins
  - removing feet from stirrups
  - breaking a fall
  - landing and tumbling in different scenarios
  - rolling away from horse
- how to conduct a post-fall routine including:
  - check self
  - check horse and equipment
  - complete workplace documentation for reporting incidents, accidents, hazards and horse behaviour.

## Assessment Conditions

Assessment of skills must take place under the following conditions:

- physical conditions:
  - safe environment for conducting assessment
- resources, equipment and materials:
  - industry information relating to prevention of, or minimising injury from, falls from horses
  - footage of accidents involving falls from horses.

Training and assessment strategies must show evidence of the use of guidance provided in the *Companion Volume: User Guide: Safety in Equine Training*.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

# Links

Companion Volumes, including Implementation Guides, are available at VETNet: - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103