

# Unit of competency details



## SISFFIT312A - Plan and deliver an endurance training program

### Summary

Releases:	Release	Status	Release date
	2	Current	2011/11/28
	1	Replaced	2011/06/07

Usage recommendation: **Superseded**

### Mapping information

Mapping	Notes	Date
Is superseded by SISFFIT024 - Instruct endurance programs	Updated to meet Standards for Training Packages. Addition of new content that involves controlled or uncontrolled environments, and higher level of knowledge and skills to communicate solutions to endurance goals.	2015/09/03
Supersedes and is equivalent to SRFETP001A - Plan and instruct an endurance training program	E Updated and equivalent to SRFETP001A Plan and instruct an endurance training program	2011/06/07

### Training packages that include this unit

Code	Title	Release
SIS10	Sport, Fitness and Recreation Training Package	1.3 - 3.1

### Qualifications that include this unit

Code	Title	Release
SIS40210	Certificate IV in Fitness	1 - 4
SIS30313	Certificate III in Fitness	1
SIS30310	Certificate III in Fitness	1 - 4

### Skill sets that include this unit

Code	Title	Release
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### Classifications

Scheme	Code	Name
ASCED Module/Unit of Competency Field of Education Identifier	092103	Sports Coaching, Officiating And Instruction

### Classification history

Scheme	Code	Name	Start date	End date
ASCED Module/Unit of Competency Field of Education Identifier	092103	Sports Coaching, Officiating And Instruction	2011/11/18	