

Skill set details



SISSS00113 - Group Exercise Leader

Summary

Releases:	Release	Status	Release date
	1	Current	2015/09/03

Usage recommendation: **Superseded**

Mapping:	Mapping	Notes	Date
	Is superseded by and equivalent to SISSS00128 - Group Exercise Leader	Equivalent. Selection of units changed to reflect industry needs and remove duplication.	2021/11/10
	Supersedes SISSS00109 - Group Exercise Leader		2015/09/03

Training packages that include this skill set

Code	Title	Release
SIS	Sport, Fitness and Recreation Training Package	1.0 - 5.2

Units of competency

Code	Title
HLTWHS001	Participate in workplace health and safety
SISFFIT009	Deliver pre-choreographed or prescribed community fitness
SISFFIT010	Deliver pre-choreographed or prescribed group exercise to music
SISXCCS001	Provide quality service