

Unit of competency details



SISFFIT008 - Instruct water-based fitness activities

Summary

Releases:	Release	Status	Release date
	1	Current	2015/09/03

Usage recommendation: **Superseded**

Mapping information

Mapping	Notes	Date
Is superseded by SISFFIT038 - Plan group water-based exercise sessions	Non-equivalent. Title changed. Duplicative content for planning and instructing water-based exercise sessions from SISFFIT008 and SISFFIT022 used to create two focused units: SISFFIT038 (covers planning sessions) and SISFFIT039 (covers instructing sessions). Both cover meeting the needs of specific populations. Significant changes to structure and content of Elements and Performance Criteria. Performance Evidence significantly amended: hours removed, type of clients, and number and duration of sessions specified; group number specified in SISFFIT039. Knowledge Evidence updated with significant additions and deletions.	2021/11/10
Is superseded by SISFFIT039 - Instruct group water-based exercise sessions	Non-equivalent. Title changed. Duplicative content for planning and instructing water-based exercise sessions from SISFFIT008 and SISFFIT022 used to create two focused units: SISFFIT038 (covers planning sessions) and SISFFIT039 (covers instructing sessions). Both cover meeting the needs of specific populations. Significant changes to structure and content of Elements and Performance Criteria. Performance Evidence significantly amended: hours removed, type of clients, and number and duration of sessions specified; group number specified in SISFFIT039. Knowledge Evidence updated with significant additions and deletions.	2021/11/10
Supersedes and is equivalent to SISFFIT310A - Plan and deliver water based fitness activities	Updated to meet Standards for Training Packages.	2015/09/03

Training packages that include this unit

Code	Title	Release
SIS	Sport, Fitness and Recreation Training Package	1.0 - 5.2

Qualifications that include this unit

Code	Title	Release
SIS30315	Certificate III in Fitness	1

Skill sets that include this unit

Code	Title	Release
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Classifications

Scheme	Code	Name
ASCED Module/Unit of Competency Field of Education Identifier	092103	Sports Coaching, Officiating And Instruction

Classification history

Scheme	Code	Name	Start date	End date
ASCED Module/Unit of Competency Field of Education Identifier	092103	Sports Coaching, Officiating And Instruction	2015/12/07	