

SRCAQU012B Foster the motor, cognitive and personal development of infants and toddlers in an aquatic environment

Release: 1



SRCAQU012B Foster the motor, cognitive and personal development of infants and toddlers in an aquatic environment

Modification History

Not applicable.

Unit Descriptor

This unit had been developed for the Community Recreation Industry Training Package and covers the knowledge and skills to use activities, toys and games to foster the motor, cognitive and personal development of infants and toddlers in an aquatic environment.

Application of the Unit

Not applicable.

Licensing/Regulatory Information

Not applicable.

Pre-Requisites

Not applicable.

Employability Skills Information

Not applicable.

Elements and Performance Criteria Pre-Content

Not applicable.

Elements and Performance Criteria

Elements and Performance Criteria

Element

Performance Criteria

- 1 Create opportunities for infants and toddlers to develop a wide range of
- 1.1 Provide opportunities for infants and toddlers to interact and play within the aquatic environment
- 1.2 Select and make available aquatic equipment and

Approved Page 2 of 11

aquatic skills

- **toys** which will develop a wide range of developmentally appropriate skills
- 1.3 Create appropriate opportunities to participant's **stage of development** and capabilities
- 1.4 Identify factors affecting the provision of an appropriate learning environment
- 2 Provide aquatic experiences for infants' and toddlers' motor development
- 2.1 Provide aquatic experiences to foster **motor development**
- 2.2 Select aquatic experiences which encourage infants and toddlers to practise both fine and gross motor skills
- 2.3 Select aquatic experiences that are developmentally relevant
- 2.4 Arrange **aquatic equipment and toys** to provide challenge, choice and encourage independence
- 3 Provide aquatic experiences for infants' and toddlers' cognitive development
- 3.1 Provide opportunities and resources which are varied and relevant to the infants' and toddlers' stage of cognitive development
- 3.2 Provide challenges to the infants and toddlers to extend their thinking
- 3.3 Provide opportunities to make limited choices and see/experience the consequences of choices
- 3.4 Provide infants and toddlers with experiences to develop their attention span
- 3.5 Introduce new ideas/activities that may build on existing knowledge, skills and interests
- 3.6 Develop infants' and toddlers' abilities to observe what is happening around them by questioning and non-verbal communication
- 4 Facilitate infants' and toddlers' personal development
- 4.1 Identify infants' and toddlers' **temperament and personality characteristics**
- 4.2 Instructor encourages caregivers to become actively involved in introducing new aquatic experiences to infants and toddlers
- 4.3 Provide opportunities for infants and toddlers to

Approved Page 3 of 11

separate from caregivers

4.4 Give infants and toddlers positive guidance towards socially acceptable behaviour

Required Skills and Knowledge

Not applicable.

Approved Page 4 of 11

Evidence Guide

The Evidence Guide identifies the critical aspects, knowledge and skills to be demonstrated to confirm competence for this unit. This is an integral part of the assessment of competence and should be read in conjunction with the Range Statements

Critical aspects of evidence to be considered

Assessment must confirm the ability integrated demonstration of all elements of competency and their performance criteria, in particular the ability to evaluate whether conditions are suitable to commence the session develop an appropriate aquatic environment to foster motor, cognitive and personal development create aquatic experiences to foster motor, cognitive and personal development observe participants and recognise when and how intervention should take place to improve individual skill performance conduct activities and games to introduce water familiarisation, buoyancy and mobility skills modify instructional methods and activities on an individualised and/or group basis to improve skill performanc

Interdependent assessment of units

This unit must be assessed after attainment of competency in the following unit(s) SRCCRO007B Operate in accordance with accepted instructional practices, styles and legal and ethical responsibilities This unit must be assessed in conjunction with the following unit(s) Nil

For the purpose of integrated assessment, this unit may be assessed in conjunction with the following unit(s)

Nil

Required knowledge and skills

Required knowledge
Motor, cognitive and personal development
of infants and toddlers and the implications
for instructing and learning
Aquatic activities and games to facilitate
motor, cognitive and personal development
in infants and toddlers

Approved Page 5 of 11

Relevant equipment and safety requirements, including occupational health and safety and legislative requirements Required skills Skills used to instruct aquatic activities and games, eg, movement, voice, etc Ability to provide explanations and demonstrations, ie, self, other participants as models, videos, etc Monitoring/observation skills Feedback and questioning skills Ability to create a suitable aquatic environment to foster motor, cognitive and personal development Activities and/or games are conducted in accordance with the accepted best practice principles of aquatic activities

Resource implications

Physical resources - assessment of this competency requires access to a real or simulated work environment appropriate documentation and resources normally used in the workplace a swimming pool and other equipment real infants and toddlers, ie, not the peers of the learner rules, policies and regulations of relevant peak bodies and/or employer organisations Human resources - assessment of this competency will require human resources consistent with those outlined in the Assessment Guidelines. That is, assessors (or persons within the assessment team) must be competent in this unit be current in their knowledge and understanding of the industry through provision of evidence of professional activity in the relevant area have attained the mandatory competency requirements for assessors under the Australian Quality Training Framework (AQTF) as specified in Standard 7.3 of the **Standards for Registered Training Organisations**

Consistency in performance

Competence in this unit must be assessed over a period of time in order to ensure

Approved Page 6 of 11

consistency of performance over the Range Statements and contexts applicable to the work environment

Context for assessment

This unit of competency must be assessed in the context of community recreation in Australia. For valid and reliable assessment the community recreation activity should closely replicate the work environment. The environment should be safe, with the hazards, circumstances and equipment likely to be encountered in a real workplace This unit of competence should be assessed through the observation of processes and procedures, oral and/or written questioning on required knowledge and skills and consideration of required attitudes Where performance is not directly observed and/or is required to be demonstrated over a "period of time" and/or in a "number of locations", any evidence should be authenticated by colleagues, supervisors, clients or other appropriate persons

KEY COMPET ENCIES

| Analyse&O | ate Ideas&Info | | | Use Mathematic al Ideas&Tec hniques | Solve Problems | Use Technology |
|-----------|-------------------|---|---|-------------------------------------|-------------------|-------------------|
| 2 | 2 | 2 | 2 | _ | 2 | _ |

These levels do not relate to the Australian Qualificatio ns Framework . They relate to the seven areas

Approved Page 7 of 11

of generic

competency

that

underpin

effective

workplace

practices.

The three

levels of

performanc

e (1, 2 and

3) denote

the level of

competency

required to

perform the

task:

Use routine

approaches

Select from

routine

approaches

Establish

new

approaches

Collecting,

analysing

and

organising

informatio

n -

Communic

ating ideas

and

informatio

n -

Planning

and

organising

activities -

Working

with teams

and others

_

Using

mathemati cal ideas

and

Approved Page 8 of 11

techniques

- Not applicable Solving problems -Using technology

- Not applicable Please refer to the Assessment Guidelines for advice on how to use the Key

Competenci

es.

Approved Page 9 of 11

Range Statement

Range Statements

The Range Statements provide advice to interpret the scope and context of this unit of competence, allowing for differences between enterprises and workplaces. The Range Statements relate to the unit as a whole and helps facilitate holistic assessment. In addition, the following variables may be present for this particular unit of competency

RANGE STATEMENT

CATEGORIES

Aquatic equipment and toys

the choice of toys is limited only by the instructor's imagination and safety and may

include flotation aids

balls

flotation mats

noodles, ie, water logs

hand puppets buckets

toys for pouring or splashing water

toys that float or sink

Cognitive development

may include

skills associated with thinking and learning

attention to details

classification of information

memory

imagination and conceptual development

problem solving skills language acquisition

Factors affecting the provision of an appropriate learning environment

water temperature sun protection

wind

water quality aesthetics

Motor development

may include

reflexive movements

disorganised and unstable movements control of breathing, coughing and

swallowing

organised and voluntary movement

coordinated movements with buoyancy, head

and breath control

Stage of development

newborn: birth - 6 months

baby: 7 - 24 months

Approved Page 10 of 11

toddler: 25 - 42 months pre-schooler: 43 - 60 months

Temperament and personality characteristics

three main temperament types include the easy child the slow to warm up child the difficult chil

Unit Sector(s)

Not applicable.

Approved Page 11 of 11