



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **SITHASC027A Prepare, cook and serve Asian food for food service**

**Revision Number: 1**

## **SITHASC027A Prepare, cook and serve Asian food for food service**

### **Modification History**

Not applicable.

### **Unit Descriptor**

#### **Unit descriptor**

This unit describes the performance outcomes, skills and knowledge required to prepare, cook and serve Asian food items for a service period in a hospitality enterprise, using a range of basic Asian cooking methods and working as part of a team. This unit integrates key technical and organisational skills required by a short order cook or caterer. It brings together the skills and knowledge covered in individual units and focuses on the way these must be applied in a commercial kitchen. This unit underpins the more advanced integrated unit SITHASC028A Prepare, cook and serve Asian food for menus.

Food service periods may be breakfast, lunch, dinner, supper or special functions and events.

Styles of menus may be classical, contemporary or ethnic and may be formal or informal according to enterprise requirements.

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

### **Application of the Unit**

#### **Application of the unit**

This unit applies to cooks working in hospitality and catering operations where Asian food is prepared and served.

### **Licensing/Regulatory Information**

Not applicable.

## Pre-Requisites

### Prerequisite units

This unit must be assessed after the following prerequisite units:

SITHASC001A Use basic Asian methods of cookery

SITHCCC001B Organise and prepare food

SITHCCC002A Present food

SITHCCC003B Receive and store kitchen supplies

SITXOHS002A Follow workplace hygiene procedures.

## Employability Skills Information

### Employability skills

The required outcomes described in this unit of competency contain applicable facets of employability skills. The Employability Skills Summary of the qualification in which this unit is packaged will assist in identifying employability skills requirements.

## Elements and Performance Criteria Pre-Content

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the required performance needed to demonstrate achievement of the element. Where ***bold italicised*** text is used, further information is detailed in the required skills and knowledge and/or the range statement. Assessment of performance is to be consistent with the evidence guide.

## Elements and Performance Criteria

### ELEMENT

### PERFORMANCE CRITERIA

ELEMENT	PERFORMANCE CRITERIA
1 Organise and prepare for food service.	<ul style="list-style-type: none"><li>1.1 Calculate commodity quantities for the Asian dish and determine requirements for quality and style according to recipes and specifications.</li><li>1.2 Prepare a jobs checklist for food that is clear, complete and appropriate to the situation.</li><li>1.3 Liaise with other team members about menu requirements and job roles.</li><li>1.4 Follow a work schedule to maximise efficiency, taking into consideration roles and responsibilities of other team members.</li><li>1.5 <b><i>Organise and prepare food items</i></b> in correct quantities and according to requirements.</li><li>1.6 Store food items appropriately in readiness for service.</li></ul>
2 Cook and serve Asian menu items for food service.	<ul style="list-style-type: none"><li>2.1 Identify and use appropriate commercial <b><i>equipment</i></b> to produce menu items.</li><li>2.2 Cook and serve menu items according to <b><i>menu type</i></b> and service style, using appropriate <b><i>cooking methods</i></b>.</li><li>2.3 Meet <b><i>special requests or dietary requirements of customers under direction</i></b>.</li><li>2.4 Work cooperatively as part of kitchen team.</li><li>2.5 Follow workplace safety and hygiene procedures according to enterprise and legislative requirements.</li></ul>
3 Complete end of service requirements.	<ul style="list-style-type: none"><li>3.1 Carry out <b><i>end of service procedures</i></b> according to enterprise practices.</li><li>3.2 Store food items appropriately to minimise food spoilage and wastage.</li><li>3.3 Participate in post-service debrief.</li></ul>

## Required Skills and Knowledge

### REQUIRED SKILLS AND KNOWLEDGE

This section describes the essential skills and knowledge and their level, required for this unit.

The following skills must be assessed as part of this unit:

- food presentation techniques
- portion control and waste minimisation
- teamwork skills
- safe work practices, particularly in relation to bending and lifting, and using cutting implements, appliances, heated surfaces and other equipment that carries a risk of burns
- problem-solving skills to deal with problems such as shortages of food items, over or undercooked food, pressure of work and kitchen conditions
- literacy skills to read menus, recipes and task sheets and to prepare a jobs checklist
- communication skills to liaise with other team members, clarify requirements, provide information and listen to and interpret information and non-verbal communication
- numeracy skills to weigh and measure quantities of ingredients.

The following knowledge must be assessed as part of this unit:

- characteristics of different Asian foods from all main food categories served in the enterprise and appropriate cookery methods
- standard recipes
- mise en place procedures
- basic principles and methods of Asian cookery
- principles and practices of planning and organising work
- principles and practices related to food safety
- nutrition in relation to meeting specific dietary requirements under direction
- culinary terms commonly used in the industry and enterprise.

## Evidence Guide

### EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, the range statement and the Assessment Guidelines for this Training Package.

## EVIDENCE GUIDE

### **Critical aspects for assessment and evidence required to demonstrate competency**

Evidence of the following is essential:

- collection of direct, indirect and supplementary evidence showing preparation and service of multiple items for a minimum of 12 complete food service periods to ensure integration of skills and consistency of performance in different circumstances
- use of a range of Asian cookery methods appropriate to menu items
- production of a range of menu items to industry and enterprise standards of quality
- safe food hygiene and work practices
- ability to multi-task and respond to multiple demands and requests simultaneously
- ability to work as part of a team in a positive and courteous manner
- preparation of Asian dishes for customers within the typical workplace time constraints of a busy commercial kitchen.

### **Context of and specific resources for assessment**

Assessment must ensure:

- use of a wide range of suitable ingredients for preparing, cooking and serving Asian food items for a menu
- demonstration of skills within normal operating conditions of a fully equipped commercial kitchen suitable for Asian cooking, including industry-current equipment, as defined in the Assessment Guidelines
- industry-realistic ratios of kitchen staff to customers.

## EVIDENCE GUIDE

### Methods of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct observation of the candidate working as part of a kitchen team
- sampling of menu items produced by the candidate
- evaluation of customer feedback about menu items and speed and timing of service
- written or oral questions to test knowledge about Asian commodities, cookery techniques, equipment and food hygiene
- review of portfolios of evidence and third-party workplace reports of on-the-job performance by the candidate.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended. For example, it is expected that candidates will have completed a selection of other units dealing with basic Asian cookery skills. These must be selected according to enterprise requirements and reflect the knowledge and skills required to cook a range of Asian menu items for a food service period in a commercial kitchen.

### Assessing employability skills

Employability skills are integral to effective performance in the workplace and are broadly consistent across industry sectors. How these skills are applied varies between occupations and qualifications due to the different work functions and contexts.

Employability skills embedded in this unit should be assessed holistically with other relevant units that make up the skill set or qualification and in the context of the job role.

## Range Statement

### RANGE STATEMENT

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording in the

## RANGE STATEMENT

performance criteria is detailed below.

***Organising and preparing food items*** (mise en place) include as required:

- cleaning and preparing vegetables and other commodities
- preparing and portioning meat, poultry and seafood
- preparing stocks, sauces and dressings
- preparing garnishes
- cooking soups and other precooked items
- preparing and cooking desserts
- selecting and using serviceware and equipment.

***Equipment*** includes traditional and modern equipment, such as:

- barbecues
- roasting drums
- charcoal grills
- mincers
- tandoori ovens
- contemporary ovens
- woks
- steamers
- cutting, chopping and slicing implements such as cleavers and knives
- strainers
- scoops and skimmers
- ladles
- whisks
- food processors
- microwaves
- skewers
- sharpening steels and stones.

***Types of menus*** will vary according to the enterprise and occasion and may include:

- à la carte
- set menu (table d'hôte)
- function or buffet.



## RANGE STATEMENT

Asian *cooking methods* may include:

- deep-frying
- stir-frying
- barbecuing
- grilling
- shallow frying
- roasting
- braising
- stewing
- steaming
- baking
- boiling
- oil and water blanching.

Meeting *special requests or dietary requirements of customers under direction* may include:

- cultural needs and restrictions
- specific dietary requirements related to medical requirements, such as food exclusions for allergies and medications, and diabetic and other diets
- preferences for particular ingredients and cooking methods such as vegetarian.

*End of service procedures* may include:

- safe storage of food items
- cleaning procedures related to kitchen and equipment
- debriefing sessions
- quality reviews
- restocking
- preparations for the next food service period.

## Unit Sector(s)

Sector

Hospitality

## Competency field

Competency field

Asian Cookery