

# SISOSCB303A Complete deep dives to between 18 and 40 metres

Release: 1



## SISOSCB303A Complete deep dives to between 18 and 40 metres

# **Modification History**

Not Applicable

## **Unit Descriptor**

Unit descriptor	This unit describes the performance outcomes, skills and knowledge required to plan and perform deep dives to between 18 and 40 metres, taking into account hazards and potential deep diving risks.
	No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

# **Application of the Unit**

Application of the unit	This unit applies to current or aspiring dive guides or instructors working in controlled open water dive environments to a maximum depth of 40 metres.
	This may include those working for private dive schools or companies operating at coastal sites or through holiday resorts.

## **Licensing/Regulatory Information**

Refer to Unit Descriptor

## **Pre-Requisites**

Prerequisite units	SISOSCB301A SCUBA dive in open water to a maximum depth of 18 metres	

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# **Employability Skills Information**

<b>Employability skills</b>	This unit contains employability skills.
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## **Elements and Performance Criteria Pre-Content**

essential outcomes of a unit of competency.	Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.
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## **Elements and Performance Criteria**

ELEMENT	PERFORMANCE CRITERIA
1. Plan for a deep dive.	1.1. Prepare <i>deep diving plans</i> and ensure physiological and psychological well being according to <i>industry technical and safety criteria</i> , <i>relevant legislation</i> and <i>organisational policies and procedures</i> .
	1.2. Access information on the dive site and identify potential <i>hazards</i> and <i>physics and physiology</i> associated with the deep dive and implement procedures to minimise <i>risks</i> .
	1.3. Identify symptoms, prevention and treatment for potential deep diving risks, according to industry technical and safety criteria.
	1.4. Access <i>relevant sources</i> to interpret detailed <i>weather and environmental information</i> to determine dive plan.
	1.5. Establish a communication system to use with buddy and other participants while deep diving.
2. Select and use deep dive equipment.	2.1. Select deep dive equipment according to diver's needs and characteristics.
	2.2. Assess equipment for safety and suitability and adjust and fit to ensure personal comfort.
	2.3. Use and maintain dive equipment according to industry technical and safety criteria, relevant legislation and organisational policies and procedures.
	2.4. Calculate no-decompression times according to industry technical and safety criteria.
3. Perform deep dives.	3.1.Demonstrate controlled descents and ascents using reference as a tactile and or visual guide.
	3.2. Participate in exercises at depth to demonstrate impairment effects of nitrogen narcosis, pressure changes and colour absorption.
	3.3. Negotiate deep dive hazards and risks and perform safe dive according to dive plan and industry technical and safety criteria.
	3.4. Undertake a 3 minute safety stop at 5 metres on ascents and ensure ascent rate does not exceed 18 metres per minute.
4. Evaluate deep dives.	4.1. Evaluate <i>relevant aspects</i> of the deep dive. 4.2. Identify improvements for future deep diving
	experiences.

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### Required Skills and Knowledge

#### REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit.

#### Required skills

- communication skills to inform progress and interact with buddy via underwater hand signals
- teamwork skills to:
  - check, assemble and fit buddy's dive equipment
  - negotiate maximum time and depth limits
  - deep dive with and look out for buddy
- problem-solving skills to:
  - determine time, depth and air supply limits
  - navigate underwater
  - adapt to changing weather and sea conditions
- self and buddy rescue, first aid and emergency response skills appropriate to the site to enable initial response to emergencies and personal health care.

#### Required knowledge

- legislation, organisational policies and procedures and industry technical and safety criteria to enable safe conduct of all deep water SCUBA diving activities
- minimal impact interactions and techniques to minimise negative impact on aquatic animal and plant life
- selection, use and maintenance of SCUBA equipment, characteristics and technology, the advantages and disadvantages of the range of equipment, and factors affecting appropriate selection of equipment
- weather and environmental information to interpret forecast conditions and their effect on the diving activity
- sea features such as currents, waves and tides and how these might impact on the dive
- factors affecting buoyancy and how to control sinking and floating
- no-decompression dive tables to determine air requirements
- physics, physiology, hazards and risks commonly associated with deep diving to a
  depth of 40 metres and signs, symptoms, prevention and treatment of common
  deep diving risks, such as decompression illness to enable safe performance
- navigation techniques to avoid getting lost under water
- underwater communication systems such as signs and signals used to communicate with buddy
- emergency, first aid and rescue procedures appropriate to the location to ensure

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# REQUIRED SKILLS AND KNOWLEDGE

risk minimisation to self and group.

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## **Evidence Guide**

#### **EVIDENCE GUIDE**

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Outdefines for the Training Lackage.	
Overview of assessment	
Critical aspects for assessment and evidence required to demonstrate competency in this unit	<ul> <li>Evidence of the following is essential:</li> <li>applies relevant process to select, maintain and fit dive equipment and calculates maximum dive time and depth using a no-decompression table</li> <li>demonstrates safe deep diving techniques according to industry technical and safety criteria, relevant legislation and organisational policies and procedures</li> <li>identifies symptoms, prevention and treatment for potential deep diving risks, negotiates hazards, and minimises negative impact on aquatic animal and plant life throughout dive</li> <li>communicates with and monitors buddy's progress and physiological and psychological well being throughout the deep dive</li> <li>evaluates and reflects on deep diving performance to identify strengths, weaknesses and areas that need improvement.</li> </ul>
Context of and specific resources for assessment	Assessment must ensure participation in multiple SCUBA deep diving activities to demonstrate competency and consistency of performance.  Assessment must also ensure access to:  resources and information, to plan and select appropriate equipment for the deep diving activity  a suitable open water deep diving site  a suitable buddy to participate in deep dive process  a suitable diving boat, if required  SCUBA, navigation, communication and safety equipment.
Method of assessment	<ul> <li>A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:</li> <li>oral or written questioning to assess knowledge of deep diving techniques, hazards and risks</li> <li>observation of safe participation and communication</li> </ul>

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EVIDENCE GUIDE	
	<ul> <li>with buddy throughout deep diving process</li> <li>written and or verbal self evaluation</li> <li>third-party reports from a supervisor detailing performance.</li> </ul>
	Assessment with other units relevant to the industry sector, workplace and job role is recommended,
	for example:
	SISOSCB309A Complete dives off boats.
Guidance information for assessment	

## **Range Statement**

#### RANGE STATEMENT

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

<b>Deep diving plan</b> may include:	• objectives
To the state of th	date, time and duration of dive
	site and equipment
	suitable buddy
	time, depth and air supply limits
	safety and emergency procedures.
Industry technical and safety criteria may include:	British Sub-Aqua Club (BSAC)
	Professional Association of Diving Instructors (PADI)
	SCUBA Schools International (SSI).
Relevant legislation may include:	occupational health and safety
Trest to grant on may mercae.	permits or permission for access
	environmental regulations
	marine regulations.
Organisational policies and	occupational health and safety
procedures may include:	communication protocols

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RANGE STATEMENT	
	• code of ethics
	<ul> <li>manufacturer's recommendations.</li> </ul>
Hazards may include:	temperature extremes
	<ul> <li>poor visibility</li> </ul>
	<ul> <li>rough conditions</li> </ul>
	<ul> <li>rocks and reefs</li> </ul>
	• water depth
	• squeezes
	• barotrauma
	• panic
	aquatic animals and plants.
Physics and physiology may	<ul> <li>pressure or volume or density relationships</li> </ul>
include	• temperature
	• buoyancy
	• respiration
	• air consumption
	<ul> <li>ingassing and offgassing</li> </ul>
	<ul> <li>decompression sickness</li> </ul>
	<ul> <li>nitrogen narcosis</li> </ul>
	oxygen toxicity
	carbon monoxide toxicity
Risks may include:	hypothermia
•	<ul> <li>heat exhaustion</li> </ul>
	• injuries
	• eshaustion
	<ul> <li>lost party or party member</li> </ul>
	equipment failure
	<ul> <li>nitrogen narcosis</li> </ul>
	• drifting
	hypercapnia
	buoyancy control
	• near drowning
	getting lost or separated from group
	• barotrauma
	nitrogen narcosis
	contaminated SCUBA air
	• cramps
	• stings or bites

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RANGE STATEMENT		
RANGE STATEMENT	Decom	pression Illness (DCI).
		, ,
Relevant sources may include:		of Meteorology
	media	
		anagers or agencies
		patrol or coastguard
		er marine rescue
	local ki	nowledge.
Weather and environmental		e images
information may include:	daily a	nd weekly forecasts
	maxim	um and minimum temperatures
	weathe	r warnings
	event v	varnings
	river w	arnings
	synopti	c charts
	high an	d low tide predictions.
Deep dive equipment may include:	fins	
	mask	
	snorkel	
	wetsuit	or drysuits
		cy control device (BCD) with low e inflator
	compre	essed air cylinder and valve
	regulat	or and backpack
	alternat	te air source
	submer	rsible pressure gauge
	timing	
	depth g	auge
	no-dece	ompression tables
	comput	ter
	weight	belt and weights
	diver's	tool
	commu	nication equipment
	navigat	ion equipment.
Diver's needs and characteristics	age	
may include:	_	l and situational factors
,	previou	is dive experience and knowledge
	-	al development
		build, weight and lung capacity.
Relevant aspects may include:	objecti	

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RANGE STATEMENT		
•	planning process	
•	activity site	
•	weather	
•	equipment selection	
•	clothing selection	
•	food selection	
•	instructional technique	
•	assessment technique	
•	group feedback	
•	directing techniques	
•	rescue techniques employed.	

# **Unit Sector(s)**

Unit sector	Outdoor Recreation
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# **Co-requisite units**

Co-requisite units	

# **Competency field**

Competency field
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