



Australian Government

Department of Education, Employment and Workplace Relations

SIS50510 Diploma of Sport Coaching

Release: 2

SIS50510 Diploma of Sport Coaching

Modification History

The following additions have been made to General Electives:

- SISSRGL511A Teach high performance Rugby League game skills

The following pre requisite units have been inserted into Groups:

- Group A – Equestrian
 - SISOEQO409A Train and condition horses

Description

This qualification provides the skills and knowledge for an individual intending to pursue a career as a coach at an international level. Likely functions for someone with this qualification include observing high performance athletes to determine the level of instruction required, and planning, conducting and evaluating high performance individualised and team training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to athletes which includes supporting their psychological preparation and conducting post competition analysis of both performance and strategy. Outcomes would vary depending on the specialisation chosen

Job roles

The following is an indicative job role for this qualification

- coach

Pathways Information

This qualification is suitable for an Australian apprenticeship pathway.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of endorsement.

Entry Requirements

There are no entry requirements for this qualification.

Employability Skills Summary

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on packaging options.

Employability Skill	Industry/enterprise requirements for this qualification include:
Communication	Communicating with high performance athletes to determine their specific needs and advise on competition strategy; liaising with high performance support staff; interpreting and explaining complex training and performance or competition data; clarifying instructions to athletes related to drugs in sport; documenting individualised and team high performance training programs.
Teamwork	Providing leadership to high performance support personnel during practice sessions; providing assistance where necessary to high performance athletes to maintain team harmony; collaborating with, and providing guidance to officials and sport personnel to achieve agreed goals; promoting compliance with legal obligations; supporting athletes with psychological preparation; recognising factors that may cause interpersonal relationship problems and assisting appropriately to avoid or overcome the identified problems.
Problem-solving	Managing organisational risks; monitoring progress and determining modifications to high performance training programs; post competition analysis of performance and strategy to identify areas for improvement; dealing with injury or illness to high performance athletes; planning, strategy and resource allocation to design and deliver high performance training and recovery programs; observing high performance athletes and modifying level of instruction to accommodate individual situations.
Initiative and enterprise	Responding to change and demonstrating leadership in change management; engaging high performance athletes in contributing to sharing of knowledge; adjusting coaching techniques to differences in high performance athlete's individual circumstances; reflecting on own coaching practices for improvement; monitoring high performance programs for emerging risks and trends.
Planning and organising	Managing multiple tasks and resources simultaneously to coordinate high performance training programs and international competition schedules; collecting, recording and analysing information to provide efficient planning for high performance sport coaching; setting work priorities and scheduling individual and team activities to meet performance or competition targets and

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY

	deadlines; developing and implementing selection policies; designing nutritional strategies to meet athletes needs; implementing and monitoring strength and conditioning programs for high performance athletes.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role within sports coaching and operating autonomously within limits of authority; critically reviewing own strengths and weaknesses; assessing feedback on own performance and determining strategies for improvement; accessing international sport coaching networks to regularly update knowledge and skills.
Learning	Identifying and accessing sources of research on high performance sport coaching and athlete performance enhancement; contributing to a learning environment through openly sharing knowledge and experiences; identifying and accessing internal and external professional development opportunities; critically evaluating high performance training programs; updating knowledge and skills to accommodate changes in sport coaching.
Technology	Understanding and utilising the operating capability of computer systems and software for high performance athlete development; assessing new technologies for suitability for own situation; using information technology to assist in communication and support management and planning functions.

Packaging Rules

20 units must be completed:

- 13 core units
- 7 elective units:
 - all the units in any one of Groups A to E
 - the remaining to make up the required 7 elective units from General electives; up to 3 of these remaining units may be selected elsewhere in SIS10 or from any current accredited course or other Training Package, and must first be packaged at AQF level 4 or 5.

In all cases selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

Core (13)	
BSBADM502B	Manage meetings
BSBITB501A	Establish and maintain a workgroup computer network
HLTFA301B	Apply first aid
ICAU3126B	Use advanced features of computer applications
SISSCGP308A	Provide drugs in sport information
SISSSTC301A	Instruct strength and conditioning techniques
SISSSTC402A	Develop strength and conditioning programs
SISXCAI507A	Implement high performance training programs
SISXCCS403A	Determine needs of client populations
SISXIND404A	Promote compliance with laws and legal principles
SISXIND406A	Manage projects
SISXOHS503A	Establish and maintain occupational health and safety systems
SISXRSK502A	Manage organisational risk
Electives (7)	
Group A - Equestrian	
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS405A	Teach the intermediate skills of riding over fences

SISOEQO409A	Train and condition horses
SISOEQO516A	Manage the education of horses
Group B - Golf Professional	
SISSGLF508A	Teach the advanced skills of professional golf
SISSGLF509A	Teach the advanced tactics and strategies of professional golf
SISSGLF510A	Fit and alter golf equipment
SISSGLF511A	Develop and manage junior development programs in golf
SISSGLF512A	Manage the structure and facilitation of golf competitions and tournaments
SISSGLF513A	Manage on course golf retail operations
Group C - Martial Arts	
SISSMAR503A	Teach the high performance skills of martial arts
Group D - Rugby League	
SISSRGL512A	Teach Rugby League skills to a high performance level
SISSRGL513A	Teach Rugby League tactics and strategies to a high performance level
Group E - Swimming	
SISSSWM303A	Teach the advanced skills of competitive swimming
General electives	
SISSCGP306A	Customise coaching for special needs groups
SISSCGP307A	Implement selection policies
SISSCGP309A	Develop nutritional strategies
SISSCGP310A	Support athletes to adopt principles of sports psychology
SISSCGP515A	Establish selection policies
SISSSPA507A	Develop volunteer management policies
SISXFAC404A	Coordinate facility and equipment acquisition and

	maintenance
SISXFAC506A	Manage stock supply and purchase
SISXIND507A	Manage education initiatives
SISXRES403A	Use resources efficiently
FNSACCT503B	Manage budgets and forecasts
FNSACCT504B	Prepare financial reports for a reporting entity
SISSRGL511A	Teach high performance Rugby League game skills