



Australian Government

SIS40512 Certificate IV in Sport Coaching

Release: 1

SIS40512 Certificate IV in Sport Coaching

Modification History

The version details of this endorsed qualification are the table below. The latest information is at the top.

Release	Comments
1	<p>Replaces and is equivalent to SIS40510 Certificate IV in Sport Coaching</p> <p>Qualification notes changed to better reflect scope of practice</p> <p>Qualification packaging rules remain the same</p> <p>Entry requirements added</p> <p>Imported units updated</p> <p>Unit added to the core:</p> <ul style="list-style-type: none"> • BSBR SK401A Identify risk and apply risk management processes <p>Unit deleted from the core:</p> <ul style="list-style-type: none"> • SISXRSK301A Undertake risk analysis of activities <p>New group added: Group H – Surfing</p> <p>New and updated unit codes and titles in core and electives</p> <p>Groups from H to L renamed</p> <p>Numerous units added to the electives.</p>

Description

This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as a coach. Likely functions for someone with this qualification include observing the performance of athletes to determine the required level of instruction, and planning, conducting and evaluating individualised and team training programs. Those with this qualification would supervise training and provide in competition assistance to athletes including supporting their psychological preparation and conducting post competition analysis of both performance and strategy. They would also be responsible for athlete support needs in conjunction with other personnel. Those with this qualification may also be responsible for the output of others and undertake broader business functions including long and short term planning.

Job roles

The following is an indicative job role for this qualification.

- coach.

Pathways Information

This qualification is suitable for an Australian Apprenticeship pathway.

Licensing/Regulatory Information

No licensing, legislation, regulatory or certification requirements apply to this qualification of the endorsement.

Entry Requirements

Entry to SIS40512 Certificate IV in Sport Coaching is open to those who hold current first aid and CPR certification AND National Coaching Accreditation Scheme (NCAS) registration in a chosen sport.

Employability Skills Summary

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on qualification packaging options.

Employability skill	Industry/enterprise requirements for this qualification include:
Communication	Communicating with athletes to determine their specific needs; liaising with volunteers and support staff; preparing accurate training and performance records or reports on competition outcomes; clarifying instructions to athletes related to drugs in sport; documenting individualised and team training programs.
Teamwork	Providing leadership to support personnel; monitoring progress and providing assistance where necessary to athletes to maintain team harmony; collaborating with officials and sport personnel to achieve agreed goals; promoting compliance with legal obligations; supporting athletes to adopt principles of sports psychology; acknowledging accountability to sport management and officials.
Problem Solving	Identifying and mitigating hazards and risks related to sport coaching; post competition analysis of performance and strategy to identify areas for improvement; dealing with athlete injury or illness; planning, strategy and resource allocation to design and deliver training and recovery programs; modifying training programs to accommodate unforeseen situations.
Initiative and enterprise	Identifying and discussing a range of activity or program enhancements to improve performance; engaging colleagues in sharing work-place knowledge; adjusting coaching techniques to differences in each athlete's individual circumstances; reflecting on own coaching practices for improvement; monitoring activities and programs for emerging risks.
Planning and organisation	Collecting, analysing and recording information to provide efficient planning for sport coaching; setting work priorities and scheduling training activities to meet competition targets and deadlines; implementing selection policies; developing nutritional strategies to meet athlete needs; implementing and monitoring work health and safety policies.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role within sports coaching and operating within limits of authority; critically reviewing own strengths and weaknesses; actively seeking and reflecting on feedback on own performance; building sport coaching networks to regularly update knowledge and skills.
Learning	Identifying and accessing sources of research on sport coaching and

	performance enhancement; contributing to a learning environment through openly sharing knowledge and experiences; accessing internal and external professional development opportunities; updating knowledge and skills to accommodate changes in sport coaching.
Technology	Understanding and utilising the operating capability of computer systems and software for athlete development; using information technology to assist in communication and support management and planning functions.

Packaging Rules

22 units must be completed:

- 15 core units
- 7 elective units, consisting of:
 - all the units in any one of Groups A to K
 - the remaining to make up the required 7 elective units from General electives; up to 3 of these remaining units may be selected from SIS10, or any current accredited course or other Training Package, and must be first packaged at AQF level 4.

In all cases selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

Core units	
BSBRSK401A	Identify risk and apply risk management processes
BSBWOR404B	Develop work priorities
SISSSCO303	Plan and deliver coaching programs
SISSSCO304	Customise coaching for athletes with specific needs
SISSSCO306	Provide drugs in sport information
SISSSCO307	Provide nutrition information to athletes
SISSSCO308	Support athletes to adopt principles of sport psychology
SISSSCO409	Work collaboratively with support personnel
SISXCCS402A	Coordinate client service activities
SISXCCS404A	Address client needs
SISXIND405A	Conduct projects
SISXIND408	Select and use technology for sport, fitness and recreation
SISXIND410	Coordinate sport, fitness or recreation work teams or groups
SISXWHS402	Implement and monitor work health and safety policies
SITXCOM401	Manage conflict
Electives (7)	
Group A – AFL	
SISSAFL406A	Teach the intermediate skills of Australian Football

SISSAFL407A	Teach the intermediate tactics of Australian Football
Group B – Competitive Canoeing	
SISSCNO406A	Teach the advanced skills and tactics of flat water canoeing
SISSCNO407A	Teach the advanced skills and tactics of slalom canoeing
Group C – Cricket	
SISSCKT408A	Teach the advanced skills of cricket
SISSCKT409A	Teach the advanced tactics and strategies of cricket
Group D – Equestrian	
AHCHBR306A	Prevent and treat equine injury and disease
SISOEQO408A	Determine nutritional requirements for horses
SISOEQO409A	Train and condition horses
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISSEQS404A	Teach the intermediate skills of riding on the flat
SISSEQS405A	Teach the intermediate skills of riding over fences
Group E – Netball	
SISSNTB407A	Teach intermediate level netball skills
SISSNTB408A	Teach intermediate level netball tactics and game strategy
SISSSTC402A	Develop strength and conditioning programs
Group F – Rugby League	
SISSRGL409A	Teach advanced level Rugby League game skills
SISSRGL410A	Teach advanced level Rugby League tactics and game strategy
Group G – Surfing	
SISOSRF202A	Demonstrate basic surfing manoeuvres in controlled conditions

SISOSRF303A	Perform intermediate level surfing manoeuvres
SISOSRF406A	Perform advanced level surfing manoeuvres
SISOSRF407A	Perform rescues in moderate to difficult surf conditions
SISOSRF410A	Instruct advanced surfing skills
Group H – Surf Life Saving	
SISSSUR405A	Teach the advanced skills of surf life saving
SISSSUR406A	Officiate advanced level surf life saving competitions
Group I – Swimming	
SISSSWM302A	Plan a program for a competitive swimmer
Group J – Tennis	
SISSTNS205	Interpret and apply the rules and regulations of tennis
SISSTNS307	Coach red stage tennis players
SISSTNS308	Coach orange stage tennis players
SISSTNS309	Coach green stage tennis players
SISSTNS410	Coach stroke production for intermediate tennis players
SISSTNS411	Coach tactics for intermediate tennis players
Group K – Volleyball	
SISSVOL403A	Teach the advanced skills of volleyball
SISSVOL404A	Teach the advanced tactics and strategies of volleyball
General elective units	
AHCHBR306A	Prevent and treat equine injury and disease
BSBGOV401A	Implement Board member responsibilities
BSBGOV403A	Analyse financial reports and budgets
BSBWOR402A	Promote team effectiveness
ICAICT203A	Operate application software packages

SISCCRD302A	Recruit and manage volunteers
SISFFIT305A	Apply anatomy and physiology principles in a fitness context
SISOEQO409A	Train and condition horses
SISOSRF202A	Demonstrate basic surfing manoeuvres in controlled conditions
SISOSRF303A	Perform intermediate level surfing manoeuvres
SISOSRF305A	Guide surfing sessions
SISOSRF408A	Guide surfing trips
SISOYSB403A	Sail a small boat in moderate and variable conditions
SISSAFL406A	Teach the intermediate skills of Australian Football
SISSAFL407A	Teach the intermediate tactics of Australian Football
SISSCKT408A	Teach the advanced skills of cricket
SISSCKT409A	Teach the advanced tactics and strategies of cricket
SISSCNO406A	Teach the advanced skills and tactics of flat water canoeing
SISSCNO407A	Teach the advanced skills and tactics of slalom canoeing
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS404A	Teach the intermediate skills of riding on the flat
SISSEQS405A	Teach the intermediate skills of riding over fences
SISSMAR402A	Teach the advanced skills of martial arts
SISSNTB407A	Teach intermediate level netball skills
SISSNTB408A	Teach intermediate level netball tactics and game strategy
SISSRGU410A	Officiate advanced level Rugby Union
SISSSAI402A	Teach the advanced tactics and strategies of sailing
SISSSCO410	Implement a talent identification program

SISSSCO513	Plan and implement high performance training and recovery programs
SISSSOF101	Develop and update officiating knowledge
SISSSOF202	Officiate games or competitions
SISSSOF203	Judge competitive situations
SISSSOF305	Officiate in a high performance environment
SISSSOF306	Apply self-management to enhance high performance officiating
SISSSPA301A	Coordinate regional touring athletes
SISSSPA402A	Coordinate international touring athletes
SISSSPA403A	Administer a team or group
SISSSPA404A	Implement accreditation and registration systems
SISSSPT302A	Provide initial management of sports injuries
SISSSPT303A	Conduct basic warm-up and cool-down programs
SISSSPT304A	Tape ankle, thumb and fingers
SISSSPT305A	Support sports injury management
SISSSPT306A	Deal with medical conditions in a sport setting
SISSSTC301A	Instruct strength and conditioning techniques
SISSSTC402A	Develop strength and conditioning programs
SISSSUR405A	Teach the advanced skills of surf life saving
SISSSWM302A	Plan a program for a competitive swimmer
SISSSWM303A	Teach the advanced skills of competitive swimming
SISSVOL404A	Teach the advanced tactics and strategies of volleyball
SISXCAI305A	Conduct individualised long-term training programs
SISXCAI306A	Facilitate groups
SISXEMR402A	Coordinate emergency responses

SISXFAC303A	Implement facility maintenance programs
SISXIND402	Analyse legal knowledge for organisation governance
SISXIND403A	Analyse participation patterns
SISXIND409	Organise a sport, fitness and recreation event
SITXHRM402	Lead and manage people
TAEDEL404A	Mentor in the workplace