

# SIS30713 Certificate III in Sport Coaching

Release 2



### SIS30713 Certificate III in Sport Coaching

#### **Modification History**

The version details of this endorsed qualification are the table below. The latest information is at the top.

at the top	
Release	Comments
2	Imported elective units updated from the following training packages:
	ICP Printing and Graphic Arts
	ICT Information and Communications Technology
1	Replaces and is equivalent to SIS30712 Certificate III in Sport Coaching.
	Intent of the qualification remains unchanged.
	HLTFA301C Apply first aid replaced with HLTAID003 Provide first aid in the core.
	CHCIC301E Interact effectively with children removed from the General electives.

#### **Description**

This qualification reflects the role of individuals who apply the skills and knowledge to undertake a role as a coach. Likely functions for someone with this qualification include observing the performance of sports participants to determine the required level of instruction, and planning, conducting and evaluating individualised and team based training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to participants.

#### **Job Roles**

The following is an indicative job role for this qualification:

· community coach.

### **Pathways Information**

This qualification is suitable for an Australian Apprenticeship pathway.

#### **Licensing/Regulatory Information**

No licensing, legislation, regulatory or certification requirements apply to this qualification of the endorsement.

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# **Entry Requirements**

There are no entry requirements for this qualification.

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## **Employability Skills Summary**

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on qualification packaging options.

Employability skill	Industry/enterprise requirements for this qualification include:
Communication	Communicating with athletes to determine and interpret their specific requirements; understanding verbal and written information on sport skills; providing clear verbal instructions to players when coaching; effectively using body language and demonstration to reinforce technique instruction; motivating players to enhance performance and provide competition support to athletes.
Initiative and enterprise	Showing initiative and independence in delivering coaching sessions that meet or exceed player expectations; adjusting coaching techniques to differences in players, equipment and facilities; taking correct action and following established procedures on discovery of an actual or potential emergency or safety hazard; reflecting on own performance for improvement.
Learning	Knowing the structure of coaching networks and sources of information within the sport industry; keeping well informed of updates and changes to sport policies, procedures and regulations; analysing new coaching strategies and tactics for applicability to own situation; accessing professional development opportunities to enhance coaching performance.
Planning and organisation	Collecting and recording information to undertake the efficient planning and delivery of coaching activities; time management to schedule tasks to meet deadlines; allocating resources and equipment to enable the desired activities to be undertaken to meet competition or performance targets; following organisational policies and procedures to complete coaching tasks in an efficient manner.
Problem Solving	Identifying and taking action to mitigate hazards and risks that may arise during coaching activities; responding to emergency situations within scope of responsibility; taking responsibility for seeking assistance from colleagues to resolve issues; recognising and adapting appropriately to age and skill differences; dealing with equipment breakdowns and facility availability and to manage contingencies; determining appropriate solutions to technique or skill problems.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role as a sports coach; applying risk management strategies; acknowledging, discussing and acting upon feedback provided by senior coaches, players and sport personnel to improve own coaching

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	performance.
Teamwork	Working as a skilled team member; contributing to positive team dynamics and dealing appropriately with conflict; collaborating with other coaches and sport personnel to achieve agreed goals; recognising factors that may affect team harmony and assisting appropriately to avoid or overcome the identified interpersonal issues.
Technology	Understanding and utilising the operating capability of equipment and software that assists in sport coaching; selecting, using and maintaining sport equipment according to manufacturer specifications and organisational policies and procedures.

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#### **Packaging Rules**

15 units must be completed:

- 9 core units
- 6 elective units, consisting of:
  - all the units in one of Groups A to N
  - the remaining to make up the required 6 elective units from General electives or SIS10, and must be first packaged at AQF level 2, 3 or 4; up to 2 of these may be selected from any current accredited course or other Training Package, and must be first packaged at AQF level 3.

In all cases, selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

Core		
HLTAID003	Provide first aid	
SISSSCO101	Develop and update knowledge of coaching practices	
SISSSCO202	Coach beginner or novice participants to develop fundamental motor skills	
SISSSCO303	Plan and deliver coaching programs	
SISSSCO304	Customise coaching for athletes with specific needs	
SISSSDE201	Communicate effectively with others in a sport environment	
SISXFAC207	Maintain sport, fitness and recreation equipment for activities	
SISXRSK301A	Undertake risk analysis of activities	
SITXCOM401	Manage conflict	
Electives		
Group A – Basketball		
SISSBSB303A	Teach intermediate level basketball skills	
SISSBSB304A	Teach intermediate level basketball tactics and game strategy	
Group B – Competitive Canoeing		
SISSCNO302A	Teach the intermediate skills and tactics of flatwater canoeing	
SISSCNO303A	Teach the intermediate skills and tactics of whitewater canoeing	
SISSCNO304A	Teach the intermediate skills and tactics of canoe polo	

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Group C - Crick	Group C – Cricket			
SISSCKT306A	Teach the intermediate skills of cricket			
SISSCKT307A	Teach the intermediate tactics and strategies of cricket			
Group D – Equestrian				
AHCHBR201A	Monitor horse health and welfare			
AHCHBR203A	Provide daily care for horses			
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses			
SISOEQO304A	Apply first aid for horses			
SISSEQS303A	Teach the fundamental skills of riding			
Group E - Gym	nastics			
CHCYTH301E	Work effectively with young people			
SISSGYN302A	Teach fundamental gymnastics skills for infants			
Group F - Rugh	by League			
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy			
SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play			
Group G – Rugby Union				
SISSRGU202A	Perform foundation level Rugby Union tactics and strategies			
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level			
SISSRGU309A	Teach Rugby Union skills at a foundation level			
Group H – Squash				
SISSSQU303A	Teach the intermediate skills of squash			
SISSSQU304A	Teach the intermediate tactics and strategies of squash			
Group I – Surf Life Saving				
SISSSUR303A	Teach the intermediate skills of surf life saving			

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SISSSUR304A	Officiate intermediate level surf life saving competitions			
Group J – Surfing				
SISOSRF202A	Demonstrate basic surfing manoeuvres in controlled conditions			
SISOSRF303A	Perform intermediate level surfing manoeuvres			
SISOSRF409A	Instruct basic to intermediate surfing skills			
Group K – Swimming				
SISSSWM301A	Teach the competitive strokes of swimming			
SISSSWM302A	Plan a program for a competitive swimmer			
SISSSWM303A	Teach the advanced skills of competitive swimming			
Group L – Tennis				
SISSTNS205	Interpret and apply the rules and regulations of tennis			
SISSTNS307	Coach red stage tennis players			
SISSTNS308	Coach orange stage tennis players			
SISSTNS309	Coach green stage tennis players			
Group M - Tou	ch Football			
SISSTOU303A	Teach the intermediate skills of Touch			
SISSTOU304A	Teach the intermediate tactics and strategies of Touch			
Group N - Volle	eyball			
SISSVOL301A	Teach the intermediate skills of volleyball			
SISSVOL302A	Teach the intermediate tactics and strategies of volleyball			
General electives				
AHCHBR201A	Monitor horse health and welfare			
AHCHBR203A	Provide daily care for horses			
СНСҮТН301Е	Work effectively with young people			
ICPDMT263	Access and use the Internet			

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ICTICT105	Operate spreadsheet applications
ICTICT106	Operate presentation packages
ICTICT203	Operate application software packages
ICTICT210	Operate database applications
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses
SISOEQO304A	Apply first aid for horses
SISOYSB201A	Demonstrate basic skills to sail a small boat in controlled conditions
SISOYSB302A	Sail a small boat in light to moderate conditions
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
SISSCKT306A	Teach the intermediate skills of cricket
SISSCKT307A	Teach the intermediate tactics and strategies of cricket
SISSCOP202A	Develop a personal management plan
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISSEQS303A	Teach the fundamental skills of riding
SISSGYN302A	Teach fundamental gymnastics skills for infants
SISSMAR201A	Teach the intermediate skills of martial arts
SISSRGL306A	Teach intermediate level Rugby League game skills
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy
SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level
SISSRGU309A	Teach Rugby Union skills at a foundation level
SISSSAI301A	Teach the basic tactics and strategies of sailing
SISSSCO305	Implement selection policies

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Develop and update officiating knowledge
Officiate games or competitions
Judge competitive situations
Roster officials
Coordinate regional touring athletes
Provide initial management of sports injuries
Teach the intermediate skills of squash
Teach the intermediate tactics and strategies of squash
Teach the competitive strokes of swimming
Teach the intermediate skills of Touch
Teach the intermediate tactics and strategies of Touch
Teach the intermediate skills of volleyball
Teach the intermediate tactics and strategies of volleyball
Plan and conduct sport and recreation sessions
Plan and conduct sport and recreation programs
Respond to emergency situations
Organise a sport, fitness or recreation event
Follow work health and safety policies

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