



Australian Government

Department of Education, Employment and Workplace Relations

SIS30710 Certificate III in Sport Coaching

Release: 2

SIS30710 Certificate III in Sport Coaching

Modification History

The following additions have been made to General Electives:

- SISSRGL306A Teach intermediate level Rugby League game skills
- SISXOHS101A Follow Occupational Health and Safety policies
- SISSCGP303A Coach junior players to develop fundamental perceptual motor skills

Description

This qualification provides the skills and knowledge for an individual likely to undertake a career as a coach at a regional or State/Territory level. Likely functions for someone with this qualification include observing the performance of athletes to determine the required level of instruction, and planning, conducting and evaluating individualised and team based training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to athletes.

Job Roles

The following is an indicative job role for this qualification:

- coach

Pathways Information

This qualification is suitable for an Australian apprenticeship pathway.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of endorsement.

Entry Requirements

There are no entry requirements for this qualification.

Employability Skills Summary

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on packaging options.

Employability Skill	Industry/enterprise requirements for this qualification include:
Communication	Communicating with athletes to determine and interpret their specific requirements; understanding verbal and written information on sport skills; providing clear verbal instructions to players when coaching; effectively using body language and demonstration to reinforce technique instruction; motivating players to enhance performance and provide competition support to athletes.
Teamwork	Working as a skilled team member; contributing to positive team dynamics and dealing appropriately with conflict; collaborating with other coaches and sport personnel to achieve agreed goals; recognising factors that may affect team harmony and assisting appropriately to avoid or overcome the identified interpersonal issues.
Problem-solving	Identifying and taking action to mitigate hazards and risks that may arise during coaching activities; responding to emergency situations within scope of responsibility; taking responsibility for seeking assistance from colleagues to resolve issues; recognising and adapting appropriately to age and skill differences; dealing with equipment breakdowns and facility availability and to manage contingencies; determining appropriate solutions to technique or skill problems.
Initiative and enterprise	Showing initiative and independence in delivering coaching sessions that meet or exceed player expectations; adjusting coaching techniques to differences in players, equipment and facilities; taking correct action and following established procedures on discovery of an actual or potential emergency or safety hazard; reflecting on own performance for improvement.
Planning and organising	Collecting and recording information to undertake the efficient planning and delivery of coaching activities; time management to schedule tasks to meet deadlines; allocating resources and equipment to enable the desired activities to be undertaken to meet competition or performance targets; following organisation policies and procedures to complete coaching tasks in an efficient manner.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role as a sports coach; applying

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY

	risk management strategies; acknowledging, discussing and acting upon feedback provided by senior coaches, players and sport personnel to improve own coaching performance.
Learning	Knowing the structure of coaching networks and sources of information within the sport industry; keeping well informed of updates and changes to sport policies, procedures and regulations; analysing new coaching strategies and tactics for applicability to own situation; accessing professional development opportunities to enhance coaching performance.
Technology	Understanding and utilising the operating capability of equipment and software that assists in sport coaching; selecting, using and maintaining sport equipment according to manufacturer's specifications and organisation policies and procedures.

Packaging Rules

15 units must be completed:

- 7 core units
- 8 elective units, consisting of:
 - all the units in one of Groups A to N
 - the remaining to make up the required 8 elective units from General electives or SIS10, and must be first packaged at AQF level 2, 3 or 4; up to 2 of these may be selected from any current accredited course or other Training Package, and must be first packaged at AQF level 3.

In all cases, selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

Core (7)	
ICAU2006B	Operate computing packages
HLTFA301B	Apply first aid
SISSCGP201A	Apply legal and ethical coaching practices
SISSCGP306A	Customise coaching for special needs groups
SISXRSK301A	Undertake risk analysis of activities
SISXCAI303A	Plan and conduct sport and recreation sessions
SISXCAI304A	Plan and conduct sport and recreation programs
Electives (8)	
Group A - Basketball	
SISSBSB303A	Teach intermediate level basketball skills
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
Group B - Cricket	
SISSCKT306A	Teach the intermediate skills of cricket
SISSCKT307A	Teach the intermediate tactics and strategies of cricket

Core (7)	
Group C - Rugby League	
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy
SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play
Group D - Rugby Union	
SISSRGU202A	Perform foundation level Rugby Union tactics and strategies
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level
SISSRGU309A	Teach Rugby Union skills at a foundation level
Group E - Squash	
SISSSQU303A	Teach the intermediate skills of squash
SISSSQU304A	Teach the intermediate tactics and strategies of squash
Group F - Tennis	
SISSTNS202A	Interpret and apply the rules of tennis
SISSTNS303A	Coach stroke production and tactics for junior tennis players
Group G - Touch Football	
SISSTOU303A	Teach the intermediate skills of Touch
SISSTOU304A	Teach the intermediate tactics and strategies Touch
Group H - Volleyball	
SISSVOL301A	Teach the intermediate skills of volleyball
SISSVOL302A	Teach the intermediate tactics and strategies of volleyball

Core (7)	
Group I - Equestrian	
RTE2104A	Carry out regular horse observation
RTE2121A	Provide daily care for horses
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses
SISOEQO304A	Apply first aid for horses
SISSEQS303A	Teach the fundamental skills of riding
Group J - Gymnastics - Kindergym Leader	
SISSGYN302A	Teach fundamental gymnastics skills for infants
Group K - Martial Arts	
SISSMAR201A	Teach the intermediate skills for martial arts
Group L - Canoeing	
SISSCNO304A	Teach the intermediate skills and tactics of canoe polo
SISSCNO302A	Teach the intermediate skills and tactics of flatwater canoeing
SISSCNO303A	Teach the intermediate skills and tactics of whitewater canoeing
Group M - Surf Life Saving	
SISSSUR303A	Teach the intermediate skills of surf life saving
SISSUR304A	Officiate intermediate level surf life saving competitions
Group N - Swimming	
SISSSWM301A	Teach the competitive strokes of swimming

Core (7)	
SISSSWM302A	Plan a program for a competitive swimmer
SISSSWM303A	Teach the advanced skills of competitive swimming
General electives	
SISSCGP306A	Customise coaching for special needs groups
SISOEQO304A	Apply first aid for horses
SISOYSB201A	Demonstrate basic skills to sail a small boat in controlled conditions
SISOYSB302A	Sail a small boat in light to moderate conditions
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
SISSCGP303A	Coach junior players to develop fundamental perceptual motor skills
SISSCGP304A	Coach junior sports players
SISSCGP305A	Plan coaching programs for junior sports players
SISSCGP307A	Implement selection policies
SISSCKT306A	Teach the intermediate skills of cricket
SISSCKT307A	Teach the intermediate tactics and strategies of cricket
SISSCNO302A	Teach the intermediate skills and tactics of flatwater canoeing
SISSCNO303A	Teach the intermediate skills and tactics of whitewater canoeing
SISSCNO304A	Teach the intermediate skills and tactics of canoe polo
SISSCOP202A	Develop a personal management plan

Core (7)	
SISSEQS301A	Demonstrate basic dressage , show jumping and cross-country riding
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISSEQS303A	Teach the fundamental skills of riding
SISSGYN302A	Teach fundamental gymnastics skills for infants
SISSMAR201A	Teach the intermediate skills of martial arts
SISSOGP301A	Conduct games or competitions
SISSRGL306A	Teach intermediate level Rugby League game skills
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy
SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level
SISSRGU309A	Teach Rugby Union skills at a foundation level
SISSSAI301A	Teach the basic tactics and strategies of sailing
SISSSPA301A	Coordinate regional touring athletes
SISSSPT302A	Provide initial management of sports injuries
SISSSQU303A	Teach the intermediate skills of squash
SISSSQU304A	Teach the intermediate tactics and strategies of squash
SISSSWM301A	Teach the competitive strokes of swimming
SISSTOU303A	Teach the intermediate skills of Touch

Core (7)	
SISSTOU304A	Teach the intermediate tactics and strategies of Touch
SISSVOL301A	Teach the intermediate skills of volleyball
SISSVOL302A	Teach the intermediate tactics and strategies of volleyball
SISXEMR201A	Respond to emergency situations
SISXOHS101A	Follow Occupational Health and Safety policies
Imported	
ICAU1130B	Operate a spreadsheet application
ICAU1131B	Operate a database application
ICAU1132B	Operate a presentation package
ICPMM263C	Access and use the Internet
RTE2104A	Carry out regular horse observation
RTE2121A	Provide daily care for horses
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses