



**Australian Government**

# **SIRXHWB002 Promote workplace health and wellbeing**

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to promote improved health and wellbeing amongst team members.

It applies to individuals working in frontline management roles in a diverse range of industry sectors and business contexts. They operate independently with some responsibility for others and decision making, and within established organisational policies and procedures.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

Nil

## Competency Field

Health and Wellbeing

## Unit Sector

Cross-Sector

## Elements and Performance Criteria

### ELEMENTS

Elements describe the essential outcomes.

1. Review team health and wellbeing.
2. Facilitate health and wellbeing in the

### PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Research strategies for improved health and wellbeing in the workplace.
- 1.2. Analyse factors impacting on health and wellbeing in the workplace.
- 1.3. Determine techniques that support achievement of improved health and wellbeing in the workplace.
- 1.4. Develop a plan for improved health and wellbeing in line with relevant organisational policies and procedures.
- 2.1. Develop awareness of health and wellbeing among team members including factors contributing to, and risks

- workplace. impacting health and wellbeing.
- 2.2. Maintain personal health and wellbeing to foster a healthy and safe workplace.
  - 2.3. Encourage team members to support each other in developing personal health and wellbeing.
  - 2.4. Adopt work routines and procedural strategies to manage health and wellbeing.
3. Monitor workplace health and wellbeing.
    - 3.1. Monitor individual performance of team members against their health and wellbeing needs.
    - 3.2. Conduct regular reviews of individual and team workplace health and wellbeing to identify variations and difficulties.
    - 3.3. Respond appropriately to behavioural signs of reduced health and wellbeing among team members.

## Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Oral communication skills to:	<ul style="list-style-type: none"> <li>• communicate with team members to develop awareness of workplace health and wellbeing.</li> </ul>

## Unit Mapping Information

No equivalent unit.

## Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ca051b1b-5101-4ec2-ac1c-49699303188d>