



Australian Government

Assessment Requirements for SHBBFAS002 Provide facial treatments and skin care recommendations

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and adjust treatment plans to provide six safe and appropriate facial treatments to clients with the following skin types and conditions:
 - dry/alipid/lipid
 - oily/lipid
 - diffused red
 - mature skin
 - mild acne
 - erythema
- design a series of four treatments and product recommendations for three of these clients to address client priorities
- recognise contraindications, skin diseases and disorders relevant to facials and products as listed in the Knowledge Evidence
- explain to each client as appropriate the development of skin conditions and the benefits and limitations of facial treatments available for:
 - acne
 - rosacea
 - comedones, open and closed
 - pigmented skin
 - photoaged skin
 - scars
- provide facial treatments to each of the following areas as appropriate to the above clients:
 - back of neck
 - face
 - décolletage
 - neck
 - shoulders
- design and provide facial treatments that demonstrate the following treatment steps and techniques:
 - client skin analysis
 - skin cleansing

- skin steaming:
 - towel
 - steamer
- exfoliation:
 - manual or brush machine
 - product
- facial massage movements:
 - effleurage
 - petrissage
 - tapotement
 - vibration
- application and removal of facial mask
- application of facial finishing products
- vary repetition, rhythm and variation of massage movements to adapt to client needs
- remove minor skin blemishes:
 - milia
 - comedones
- design, record and maintain treatment plans and records for each client specifying the following details:
 - client feedback
 - contraindications and conditions
 - facial treatment provided and products used
 - outcomes of previous and current treatment
 - post treatment lifestyle and product advice
 - recommended future treatments
 - relevant medical history and medications
 - treatment duration, areas treated and not treated
 - treatment objectives
- present self, according to organisational policy
- comply with health and hygiene regulations and requirements
- clean, prepare and maintain treatment area according to organisational policy.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- federal, state or territory and local health, hygiene and skin penetration regulations and requirements relevant to facial treatments
- organisational policies and procedures relevant to facial treatments:
 - client record management
 - equipment use and maintenance

- incident reporting
- linen use and laundry procedures
- personal hygiene and presentation
- presentation of treatment area
- waste and disposal
- work health and safety
- legal and insurance liabilities and responsibilities regarding treatments
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication or conditions
 - limitations of facial treatments
 - role of complementary therapist and medical practitioner
- factors likely to affect suitability of treatment for client:
 - budgetary and time constraints
 - outcomes of previous treatment
 - client skin biology
 - client willingness to follow home care advice
- effects and benefits of two comprehensive and professional skin care ranges:
 - role in each step of a facial treatment
 - benefits to skin
 - effect of ingredients on skin
- effects and benefits of each stage of facial on the physical structure of the skin:
 - cleansing
 - exfoliation
 - extractions
 - mask
 - massage
 - steaming
- position and action of superficial muscles in the face, throat and chest
- interdependence of body systems and their relationship to a healthy body and skin:
 - skeletal, muscular and nervous systems and relationship to the face and neck
 - nervous system and its relationship to skin sensations
 - lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
 - endocrine and reproductive systems in relationship to hormonal influences on skin:
 - age related changes
 - effect of hormones on skin
 - hair growth and loss
 - menstrual cycle skin changes
 - pigmentation

- sebaceous and sweat gland secretion
- basic nutrition guidelines and relationship between nutrition and healthy skin
- foods which may have an effect on the skin or are contraindicated when using specific products
- skin anatomy:
 - gross and microscopic
 - epidermis, dermis and subcutaneous
 - differences depending on location
- function and role of skin:
 - as the integumentary system
 - epidermal cells
 - epidermal appendages and dermal structures
 - homeostasis
 - protection
 - role in skin of tissues:
 - connective
 - nervous
 - vascular
 - sensation
 - thermoregulation
 - vitamin D production
- structure and distribution of skin glands
- production, composition, functions and control of skin gland secretions:
 - sebum
 - eccrine and apocrine sweat fluids
- appearance and characteristics of skin types:
 - dry/alipid/lipid dry
 - oily/lipid
 - diffused red
- normal body flora
- electromagnetic spectrum and effect of light on skin
- physiological basis of skin colour:
 - factors that contribute to skin colour
 - structure and location of melanocytes and keratinocytes and responses to ultraviolet radiation
- relationship between skin type, minimal erythema dose, skin protection factor and sunscreen use
- Fitzpatrick skin types
- skin as a sense organ:
 - process of nerve conduction
 - stimuli and skin receptors

- systems and pathways of sensory and motor neuronal conduction
- types of receptors
- variations in sensory perception and their significance to facials
- function, formation and behaviour of major skin chemicals:
 - complex fatty acids
 - complex lipids:
 - phospholipids
 - sphingolipids
 - glycosaminoglycans
 - lipids:
 - saponifiable
 - non-saponifiable
 - proteins:
 - soluble
 - insoluble
 - collagen
 - elastin
 - keratin
- growth, development, ageing and healing of human skin:
 - cell division and differentiation
 - growth of epidermis
 - normal ageing and photoageing
 - stages in wound healing
 - theories about ageing
 - wound healing:
 - hypertrophic
 - keloid
 - origin and evolution of scars
- normal skin responses to irritation and trauma
- skin conditions:
 - acne
 - eczema and atopic dermatitis
 - hair disorders
 - pigmentation disorders
 - vascular disorders
 - seborrheic dermatitis
- trans-epidermal water loss
- differences between therapeutic, cosmetic and 'cosmeceutical' products
- concepts of cosmetic chemistry
- formulation, function and action of cosmetic emulsions and ingredients:

- anti-oxidants
- emollients
- humectants
- moisturisers
- occludents
- formulation, function and action cosmetic ingredients:
 - liposome types, structures and uses
 - oils
 - surfactants
 - thickeners
 - waxes
- chemical formulations of facial products:
 - exfoliants
 - face masks
 - peels
- contraindications to specific cosmetic formulations and ingredients identified in product information
- contraindications which prevent facial treatment or require clearance from a medical professional to proceed and their relationship to facials:
 - bacterial, fungal, parasitic and viral infections
 - cancer
 - clients with symptoms of infectious disease
 - pigmented lesions
 - recent cosmetic treatments such as injectables, intense pulsed light, laser, dermabrasion
 - undiagnosed lumps
- contraindications which restrict treatment and appropriate modifications to treatment:
 - allergies
 - areas exhibiting loss of tactile sensation
 - dysfunction of the nervous system
 - inflammations and swellings
 - medications that cause thinning or inflammation of the skin
 - skin trauma
 - recent scar tissue
- appearance, possible medical treatments and limitations of facial treatments on skin conditions, diseases and disorders:
 - acne
 - closed comedones/milia
 - couperose
 - dehydration/trans epidermal water loss

- dermatitis and eczema
- erythema
- ichthyosis
- lupus erythematosus
- mature
- photoaged
- pigmentation disorders
- open comedones
- scleroderma
- seborrhoea
- sensitive/diffused red skin
- skin tumours
- urticaria
- physiology of adverse reactions to facial treatments and products and appropriate remedial action:
 - allergic reactions
 - erythema/skin inflammation
 - normal skin responses to irritation and trauma
 - skin blemishes
 - skin inflammation
- lifestyle factors and benefits of lifestyle changes on skin:
 - alcohol consumption
 - climate
 - exercise routine
 - hobbies
 - nutrition
 - sleeping patterns
 - tobacco consumption
 - type of employment
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments to maintain client treatment objectives.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients, both new and regular, with different facial treatment requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client records
 - organisational policies and procedures relevant to facial treatments
 - manufacturer instructions for equipment
 - safety data sheets for cleaning products and, where applicable, for treatment products
 - product manuals listing product ingredients, formulations, labelling and guidelines for use.

Assessment must ensure use of:

- bowls
- brushes for application of products
- cleaning and disinfection products and equipment
- client gowns and hair protectors
- disposable facial wipes, microlances, spatulas, tissues
- disposable gloves
- equipment:
 - facial steamer
 - hot towel cabinet
 - magnifying lamp
 - Woods lamp
- individual work station consisting of:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply
 - operator chair
 - trolley for products, bowls and equipment
- treatment products from two comprehensive professional skin care ranges
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- complete facial treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>