



Australian Government

Department of Education, Employment and Workplace Relations

HLT42812 Certificate IV in Kinesiology

Release: 1

HLT42812 Certificate IV in Kinesiology

Modification History

HLT07 Version 4	HLT07 Version 5	Comments
HLT42807 Certificate IV in Kinesiology	HLT42812 Certificate IV in Kinesiology	Updated in V5 - Updated core units HLTFA311A Apply first aid and HLTWHS300A Contribute to WHS processes

Description

This qualification covers the skills needed to be an independent kinesiology practitioner who works with balancing energy through acupuncture meridians and with simple bodywork such as stimulating reflexes and muscle movements. It provides skills in kinesiology health assessment and balancing.

This qualification offers the level of skill required for independent practice. However, practitioners may also be employed either by another practitioner or within a larger health service, clinic, aged care facility, or hospital.

The intent and application of this qualification is defined within the content of the units themselves. RTOs should examine this content when determining the appropriateness of this qualification. This qualification is suited to Australian Apprenticeships pathways. Occupational titles for these workers may include:

- Kinesiology practitioner
- Natural therapist

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable

Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

Packaging Rules

PACKAGING RULES

15 units of competency are required for award of this qualification, including:

- 15 core units, comprising 10 common units and 5 specialisation units

Core units

Common units

BSBWOR203B	Work effectively with others
HLTAP401B	Confirm physical health status
HLTCOM404C	Communicate effectively with clients
HLTCOM405D	Administer a practice
HLTCOM406C	Make referrals to other health care professionals when appropriate
HLTCOM408D	Use specific health terminology to communicate effectively
HLTFA311A	Apply first aid
HLTHIR301C	Communicate and work effectively in health
HLTIN301C	Comply with infection control policies and procedures
HLTWHS300A	Contribute to WHS processes

Specialisation units

HLTKIN401C	Work within a kinesiology framework
HLTKIN402B	Plan the kinesiology session
HLTKIN403B	Apply kinesiology assessment framework
HLTKIN404B	Perform the kinesiology health assessment
HLTKIN405B	Provide kinesiology balances

The importance of culturally aware and respectful practice

All workers undertaking work in health need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Health Training Package.