



Australian Government

**Assessment Requirements for HLTREF006
Monitor and evaluate reflexology
treatments**

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 120 hours of client consultation work
- managed at least 60 therapeutic reflexology assessment and treatment sessions - clients must include males and females from different stages of life with varied presentations
- monitored and evaluated reflexology treatments provided to at least 5 different clients with at least 3 treatments per client

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for monitoring and evaluation:
 - children in the workplace
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner / client boundaries

- privacy, confidentiality and disclosure
- records management
- work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- work health and safety
- types of criteria by which reflexology treatments are evaluated
- methods of monitoring treatment progress
 - re-assessment
 - client feedback
- barriers to therapeutic progress and ways to respond within a reflexology framework
- expectations of treatment for different conditions and client groups, and factors that impact on those expectations:
 - client history
 - contraindications
 - compliance
 - interactions with other treatments
 - client general health
 - presenting condition
- sources of research and evidence that support reflexology practice
- principles underpinning continuation or variation of treatment
- professional development opportunities in reflexology

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client information – case history, treatment plan
 - client and practitioner's seating
 - talc/cream/lotion
 - draping material
 - cleaning equipment
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below for at least 40 of the 120 hours of client consultation work

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 3 years current clinical experience working as a reflexologist providing services to the general public
- hold practising membership of an Australian professional body that represents reflexologists
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>