HLTPOP016 Provide interventions to clients who are nicotine dependent

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in *HLT Health Training Package release 3.0* and meets the requirements of the 2012 Standards for Training Packages. Minor changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Minor changes to knowledge evidence. Supersedes HLTPOP404C

Application

This unit describes the skills and knowledge required to treat and manage nicotine dependence, including (singly or in combination) behavioural and pharmacological interventions, such as brief advice and counselling; intensive support and provision of advice on use of appropriate non-prescription and prescription pharmacotherapy.

This unit applies to work in a public health context and workers at this level will demonstrate judgement and sensitivity within defined organisational guidelines for the implementation of smoking cessation strategies.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
Elements define the essential outcomes.	*The Performance Criteria specify the level of performance needed to demonstrate achievement of the Element.*
1. Assess needs of clients who are nicotine dependent	1.1 Obtain client history to determine smoking habits in accordance with organisation policy and procedure
	1.2 Assess nicotine dependence using a validated method

ELEMENT	PERFORMANCE CRITERIA
Elements define the essential outcomes.	*The Performance Criteria specify the level of performance needed to demonstrate achievement of the Element.*
	1.3 Determine smoking cessation treatment based on assessment of client's level of nicotine dependence, stage of change, client history and personal circumstances and background
	1.4 Maintain client records professionally and accurately
	1.5 Maintain client confidentiality in all interactions
2. Implement interventions	2.1 Match intervention to client's personal circumstances and preferences, including relevant health issues, level of dependence and behavioural triggers
	2.2 Conduct brief intervention with client according to client needs
	2.3 Use motivational interviewing techniques to increase client's motivation to quit
	2.4 Provide intensive counselling according to client's individual needs, circumstances and background
	2.5 Identify clients requiring referral to other health professional or agency and action
3. Assist clients in accessing pharmacotherapies for smoking cessation	3.1 Provide client with information about pharmacotherapies, their benefits and contraindications
	3.2 Determine suitability of pharmacotherapies for client
	3.3 Provide referral to a medical practitioner for pharmacotherapies
	3.4 Determine options for optimal combination of smoking cessation therapies with client
4. Monitor client's progress	4.1 Arrange and conduct client follow-up
	4.2 Assess client's progress against goals set and interventions conducted and then provide feedback
	4.3 Assess risk of relapse
	4.4 Provide behavioural interventions and/or

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	pharmacological advice
	4.5 Identify clients requiring referral to other health professional or agency and action
5. Ensure high standards of professionalism and continuing professional development	5.1 Maintain knowledge of smoking cessation therapies
	5.2 Undertake assessment of work to identify opportunities for improvement and/or development
	5.3 Research developments in smoking cessation practices and apply to improve own practice
	5.4 Maintain ongoing personal professional development and training in smoking cessation

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705