



**Australian Government**

# **Assessment Requirements for HLTCAR003**

## **Assist with stress testing**

**Release: 1**

# Assessment Requirements for HLTCAR003 Assist with stress testing

## Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Minimal changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Removed prerequisite.</p>

## Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- followed medical officer instructions, established procedures, safety requirements and infection control guidelines and produced at least 3 different diagnostic stress test results from 3 different people

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations for stress testing, and how these are applied in organisations, including:
  - children in the workplace
  - duty of care
  - informed consent
  - mandatory reporting
  - privacy, confidentiality and disclosure
  - records management
  - work role boundaries (and limitations)
  - work health and safety
- standard infection control requirements

- client factors that affect stress testing, including:
  - physical limitations
  - respiratory function
- features, function and use of holter monitor equipment, including:
  - pre-checking procedures
  - electrical safety requirements
  - common problems and how to respond
  - routine maintenance requirements
- sources of interference:
  - client
  - equipment
- quality requirements for a stress test
- anatomy and physiology relevant for performance of stress testing and interpretation:
  - basic pharmacology related to cardiac function
  - recognition of life threatening cardiac rhythm abnormalities
- complications and contraindications for clients undergoing stress testing

## Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
  - stress testing equipment
  - documented procedures for the candidate to follow
- modelling of industry operating conditions, including:
  - interaction with clients
  - presence of situations requiring problem solving

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>