



Australian Government

**Assessment Requirements for
HLTAHW072 Provide guidance in social
and emotional wellbeing**

Release: 2

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Modification History

Release	Comments
Release 2	Updated: <ul style="list-style-type: none">• assessor requirements statement• foundation skills lead in statement• licensing statement• modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements. Pre-requisite units removed.

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- provided social and emotional wellbeing guidance to at least three clients by:
 - assessing the mental status and needs of each client
 - developing appropriate treatment and/or referral plans/options, including alternative therapies, as appropriate in consultations with colleagues and relevant professionals
 - discussing treatment options with client
 - providing appropriate emotional support and guidance as part of the treatment plan using:
 - listening skills
 - building rapport
 - negotiation
 - questioning, reframing

- externalising
- reflection process by worker
- motivational interviewing
- reviewing the progress of the relationship with the client and colleagues, including the prospect of ending the relationship
- exercising professional boundaries with each client
- using self-protection strategies as appropriate to working with each client, including:
 - resolving conflicts and crisis negotiation
 - ensuring safety of self and others
 - seeking emergency assistance and debriefing
 - undertaking stress-management activities.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

This includes knowledge of:

- conflict resolution strategies for individuals and families
- models and techniques to provide social and emotional support, including:
 - six-step problem-solving method
 - five stages of trauma recovery
 - antecedents, behaviour, consequences model (ABC model of behaviour)
 - cognitive behaviour therapy (CBT) model
 - brief solution-focused therapy
 - narrative therapy
 - subjective, objective, assessment, plan, implementation and evaluation (SOAPIE) notes
 - strategies for counselling survivors of sexual abuse, sexual assault, children and young people, couples, families, grieving families, friends and communities
 - motivational interviewing
 - definitions of grief and models of support
 - strategies of open communication for couples
 - what makes a good counsellor (listening, skills, empathy, trust, etc.)
- healing models, such as:
 - Atkinson's trans-generational healing model
 - traditional healing practices
 - healing through art, drawing, music
 - social genograms
 - narrative therapy
- local support networks and services

- sexual abuse, including:
 - definitions, myths and facts
 - ways survivors feel and behave
 - monitoring sexual abuse
 - patterns in relating to the world for survivors
- sexual assault, including:
 - definitions, myths and facts
 - effects
 - legal and medical procedures
 - strategies for counselling
- Stolen or Removed Generations
- suicide and self-harm, including:
 - risk factors
 - emergency procedures
 - assistance and support (agencies, community, family)
 - counselling strategies
 - referral options
- organisation policies and procedures.

Assessment Conditions

Skills must be demonstrated working:

- in a health service or centre
- as a senior member of and/or supervising a primary health care team
- with Aboriginal and/or Torres Strait Islander clients.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker or:

- accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>