



Australian Government

**Assessment Requirements for
CHCPWK005 Work effectively with carers
as a mental health peer worker**

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Minimal changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency.</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- worked within carer peer boundaries according to the values, ethics and philosophies of carer mental health peer work with at least 3 different carers:
 - used the following peer work communication strategies with carers:
 - strengths based strategies
 - establishing carer focused and carer friendly partnerships
 - carer's preferred language, concepts and meanings/interpretations
 - inclusive and person first language
 - strategic questioning
 - collaborative approach to support self-determination
 - worked collaboratively with others in the provision of carer peer services:
 - carer networks
 - other workers
 - services and agencies

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- importance of self-awareness in mental health peer work
- contemporary frameworks and influences underpinning mental health peer work, including recovery, trauma informed care, person centred, rights based, self-determination, holistic physical health and wellbeing
- historical, social, political and economic contexts of mental health services and mental health consumer and carer movements
- philosophical, ethical and values based approaches to peer work
- international and national developments in consumer and carer peer work
- history and context of self-directed recovery and recovery principles, facilitation, pathways and practices
- impacts and different types of stigma for consumers and carers, including self-stigma, individual stigma, community stigma, prejudice and discrimination on the recovery journey
- impacts of caring on individuals and family relationships
- issues that impact on the physical and emotional health and well being of the carer
- barriers to self care for carers
- social justice issues and approaches
- impacts of trauma and trauma informed care
- different mental illness and distress
- principles and practices of duty of care as these apply to peer work
- relevant policies, standards and legislations that relate to peer work
- carer participation and leadership approaches
- services that exist to assist people to meet their needs
- community development and peer work
- types of work methods and practices which can improve on personal performance such as time management, information management

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must be an experienced peer worker with lived experience of mental illness as a consumer or carer (assessment must also involve a qualified assessor where the peer worker is not a qualified assessor).

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>