Assessment Requirements for CHCLAH009 Apply concepts of human psychology to facilitate involvement in leisure programs

Release: 1

Assessment Requirements for CHCLAH009 Apply concepts of human psychology to facilitate involvement in leisure programs

Modification History

Release	Comments
Release 1	This version was released in *CHC Community Services Training Package release 2.0* and meets the requirements of the 2012 Standards for Training Packages.
	Minimal change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements.

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- applied the concepts of social psychology of leisure to optimise client enjoyment of 3 different leisure and health programs

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- the social psychology of leisure, including:
    - motivation and freedom as psychological foundations of leisure
    - lifespan development and associated leisure behaviour
    - leisure as a psychological state and experience
    - leisure behaviour
    - the leisure environment
    - psychological benefits of leisure
- aspects of human well being, including:
    - concepts of well being such as health and life satisfaction
    - the relationship between happiness and well being and the contributions of leisure across the lifespan

- - strategies for using leisure programs to enhance well being and contentment
  - using the environment to enhance well being
- aspects of the nature and individual's experience of pain, including:
  - the nature of pain and individual reactions
  - clinical, acute, and chronic pain
  - ways of measuring pain
- approaches to pain management, including:
  - pharmacological control
  - surgical control
  - hypnosis
  - relaxation techniques
  - acupuncture
  - distraction
  - ways leisure and health activity programs can be used to manage pain
- behaviour management in the context of providing leisure and health activities and/or programs:
  - team approach
  - range of triggers and circumstances that may lead to unacceptable behaviour
  - relationship between behaviour and unmet needs
  - behaviour management strategies and techniques
  - methods of evaluation

Assessment Conditions

Skills must be demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53