



Australian Government

CHCFCS004 Provide grief and loss counselling

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant change to knowledge evidence.</p> <p>Supersedes CHCFCS803B</p>

Application

This unit describes the skills and knowledge required for counsellors to explore the meaning and effect of grief and loss issues and work with individuals and families experiencing grief and loss.

This unit applies to family relationship counsellors who operate with significant autonomy in therapeutic professional service roles in the community sector. The activity is self-directed.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Explore the client's understanding of grief and loss

1.1 Engage with client using their framework and language to establish an environment of safety and trust

1.2 Join with the client to explore client's understanding of grief and loss

1.3 Assist clients to understand how their unique context has impacted on their experience of grief and loss

1.4 Explain the role of the counsellor in dealing with loss

ELEMENT	PERFORMANCE CRITERIA
2. Assist clients to understand the different impacts of grief and loss	<p>2.1 Explain the possible range of responses to grief and loss</p> <p>2.2 Use intervention techniques to assist the client to normalise their responses to grief and loss</p> <p>2.3 Use correct terminology and concepts in the grief counselling process</p> <p>2.4 Identify the key issues in bereavement counselling setting</p> <p>2.5 Apply counselling strategies to diverse responses to grief</p>
3. Formulate counselling responses to grief and loss	<p>3.1 Monitor and respond to client presentations including safety and assessed risks</p> <p>3.2 Assist client to set goals or outcomes for the grief and loss process, dependant upon clients position in grieving process</p> <p>3.3 Match therapeutic interventions to client's needs and goals</p> <p>3.4 Facilitate referrals to other support services where appropriate</p>
4. Terminate counselling sessions	<p>4.1 Recognise when the counselling is no longer serving the interests or needs of the client</p> <p>4.2 Discuss with the client when counselling no longer appears to serve their interest or needs and either renegotiate the professional relationship or terminate the service</p> <p>4.3 Engage the client in determining any further external interventions as identified and arrange appropriate referrals</p>
5. Seek feedback from clients about the counselling service provided	<p>5.1 Review counselling progress and provision regularly with the client</p> <p>5.2 Obtain feedback from the client throughout and at the conclusion of the counselling service</p> <p>5.3 Use feedback strategies to encourage client contribution to improved counselling practice</p>

ELEMENT**PERFORMANCE CRITERIA**

5.4 Review client feedback and use this to inform practice reflection and improvement in conjunction with supervision

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>