



Australian Government

Assessment Requirements for CHCFC004 Provide grief and loss counselling

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant change to knowledge evidence.</p> <p>Supersedes CHCFCS803B</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- worked collaboratively with clients and provided counselling to at least 3 different individuals or family groups experiencing grief and loss, including:
 - adults
 - children
 - people from different cultures
- used specialised counselling communication skills
- addressed a diverse range of loss and grief issues, including those relating to:
 - child and parental loss
 - relationships
 - employment
 - missed opportunities.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations for grief and loss counselling, and how these are applied in organisations and individual practice:

- codes of conduct
- discrimination
- duty of care
- practitioner client boundaries and implications of unequal balance of power
- privacy, confidentiality and disclosure, including limitations
- records management
- rights and responsibilities of workers, employers and clients
- work role boundaries – responsibilities and limitations, including situations where usefulness of counselling may be limited and referral is required
- work health and safety
- different types of grief and understanding attitudes, attachment and anxiety issues associated with grief
- difference in grief responses in men and women,
- developmental stages and how grief is likely to affect young people and children
- impacts of separation and divorce on couples, parents, children and other family members
- indicators and dynamics of domestic and family violence and complexities of interpersonal interactions
- main approaches used in grief counselling, their underpinning theories, how they compare and their strengths, limitations and contraindications
- responses to grief and how these are addressed in different counselling models, including:
 - disbelief
 - avoidance
 - anger
 - sadness
 - withdrawal
 - dissociation
 - suicidal ideations
 - self-harming
 - stress reactions
 - post traumatic stress disorder
 - depression
 - numbing
 - denial
 - anxiety
- considerations for the counselling process when working with diverse people experiencing loss and grief, including factors relating to:
 - ability
 - age
 - class
 - culture
 - ethnicity

- gender
- sexual orientation
- spirituality
- counselling and case work processes, including those related to:
 - contracting and what needs to be agreed
 - documentation
 - interactions with other professionals and service providers
 - interactions with the client, their family, significant others and carers
- type and scope of referral options and pathways to support clients seeking interventions and supports beyond or in conjunction with counselling
- own prejudices and stereotyping attitudes and the potential influence on counselling practice.

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client information
- modelling of industry operating conditions, including:
 - scenarios that involve complex interactions with other people.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>